Abstract of "A Multi-Scale Model of Brain White-Matter Structure and Its Fitting Method for Diffusion MRI" by Jadrian Miles, Ph.D., Brown University, May 2015.

This dissertation describes three primary contributions to the field of medical imaging: (1) a mathematical model ("Blockhead") of the macroscopic and microscopic structure of the white matter of the human brain; (2) a technique for computing the parameters of such a model from MRI scans of a given subject; and (3) an application of existing statistical tools to compare instances of any different tissue models according to their accuracy and parsimony with respect to MR images of the subject. The Blockhead model has both discrete and continuous parameters. As such the fitting method demonstrates a novel synthesis of techniques from combinatorial and numerical optimization: namely, the inclusion of short gradient-descent steps into the neighborhood of a local-search solver. The thesis of this work is that this multi-scale tissue model admits of an instance that, for certain inputs with simple geometry, has better fit to the input (in the sense of accuracy and parsimony) than current voxel-oriented techniques. Furthermore the fitting method is capable, in some circumstances, of computing this model instance. The dissertation also details the shortcomings of this model and proposes future refinements to better represent realistic tissue geometry.

A Multi-Scale Model of Brain White-Matter Structure and Its Fitting Method for Diffusion MRI

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This dissertation by Jadrian Miles is accepted in its present form by the Department of Computer Science as satisfying the dissertation requirement for the degree of Doctor of Philosophy.

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# Chapter 1

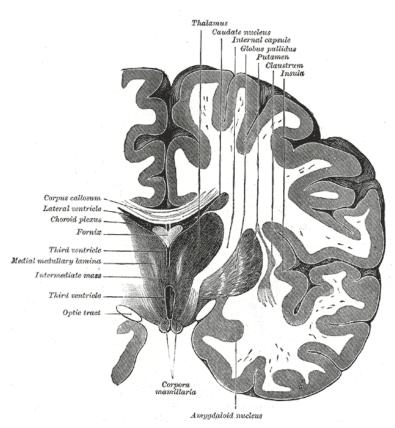
# Introduction and Background

This dissertation describes "Blockhead", a novel system for modeling human brain-tissue structure, which comprises a mathematical model and its associated fitting method. The input to this system is a set of images gathered from a brain scan of a particular modality, namely diffusion MRI. Brain tissue has structural features both above and below the resolution of the input images, leading to a challenging modeling problem with both discrete and continuous properties. Blockhead models the tissue at both scales, and uses local search to iteratively adjust all model parameters. This chapter reviews material related to brain anatomy, diffusion MRI, and statistics, as well as related work in tissue modeling.

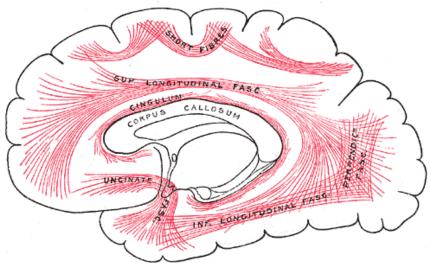
### 1.1 Overview

Blockhead focuses on modeling brain tissue, in particular the white matter. The other primary type of neural tissue, the grey matter, does the majority of the cognitive processing, is located on the surface of the brain and in certain interior structures, and has historically been the primary subject of neuroscience investigation. The white matter, on the other hand, is located entirely in the interior, and is relatively less well-studied. (White matter and grey matter are also found elsewhere in nervous system, but here we focus only on the brain.) The white matter is made up of billions of long, thin axons: projections of neurons, each about a micron in diameter and up to several centimeters long. These axons act as biological wires, connecting different regions of grey matter to each other and to the body. Axons that originate near each other in one location, and terminate near each other somewhere else, tend to follow the same path through the brain. In this way, higher-level structures called "tracts" arise that consist of hundreds of thousands of aligned axons. Similar tracts group together into "fascicles", which may be millimeters in diameter and therefore visible to the naked eye. Anatomists have known of many fascicles in the brain for more than a century (see Figure 1.1). Before the mid-1990s, however, the only ways to study the anatomical structure of the white matter were dissection and histology. In the case of human brains, of course, these are ex-vivo techniques: they require the subject to be deceased.

More recently, a non-invasive imaging technique called "diffusion-weighted magnetic resonance imaging", or "diffusion MRI", has enabled the indirect, *in-vivo* observation of white-matter structure. Diffusion MRI measures, at a chosen location and in a chosen direction, bulk properties of the random



(a) Gray's 718 — A coronal section of the brain showing white and grey matter.



(b) Gray's 751 — A sagittal section of the brain showing major white-matter fascicles.

Figure 1.1 – Plates from the 1918 edition of *Gray's Anatomy* [35].

motion of water molecules. Since the fibrous structure of the white matter affects the motion of water molecules differently in different directions, diffusion MRI is sensitive to the local orientation and composition of white-matter fibers. In 1994, Basser, et al. [14] described diffusion tensor imaging, the first and still most widely used model for interpreting diffusion MRI data and correlating it to white-matter structure. Since then, many efforts have been made to improve techniques for interpreting diffusion MRI data in terms of white-matter structure; this dissertation is one such effort.

The output of a diffusion MRI scan is a set of so-called "diffusion-weighted images" (DWIs), which are the principal inputs to the algorithms described herein. Each DWI is a raster volume—that is, a regular three-dimensional grid of voxels, the volumetric analogue of pixels; see Figure 1.3 for two example images. Each voxel in a DWI corresponds to a small volume (usually a cube approximately 2 mm on a side) in the space inside the MRI scanner. Models of white-matter structure derived from diffusion MRI therefore generally separate into two regimes: "macrostructure" models that explicitly describe structures larger than a voxel, and "microstructure" models that describe statistical summaries (such as the mean or a simple distribution) of the structural properties of populations of axons in volumes about the size of a voxel. In this context, the macrostructure of the white matter is the shape, orientation, and position of tracts and fascicles. The microstructure of the white matter includes all the structural properties of individual axons—their trajectories, diameters, spacing, permeability, etc.—described in aggregate.

While most previous approaches in this field have focused on only one or the other of these regimes, the Blockhead model combines macrostructure and microstructure into a single representation. In this model, each discrete macrostructure element (defined by a surface representation of its boundary) also stores a statistical description of the microstructure properties throughout its volume that affect its image in the sensor.

The Blockhead fitting method is a local-search optimization over a virtual space of candidate model instances. The fundamental requirement of local search is the ability to evaluate an objective function for a given model instance. The objective function used in the present work is the Akaike information criterion, a statistical measure that balances model parsimony against accuracy of predictions. The values to be predicted in this case are MRI signals: a perfectly accurate model would predict exactly the signal values that make up the input images. The Blockhead fitter uses a novel GPU-accelerated renderer to compute a "synthetic image" of the diffusion MRI signals predicted by a given model instance.

The chapters of this dissertation build on each other as follows:

- The remainder of Chapter 1 provides background and context for this work: the mechanism
  and noise properties of diffusion MRI, biological observations and modeling considerations for
  white-matter microstructure and macrostructure, and statistical tools for evaluating tissue
  model instances.
- Chapter 2 describes the Blockhead model of white-matter macrostructure and microstructure, a numerical optimization method for its parameters under some strong assumptions, and experiments that demonstrate the feasibility of the fitting and evaluation methods.

- Chapter 3 relaxes the assumptions from the previous chapter and presents a hybrid discrete—continuous optimization method for the Blockhead model, followed by further experiments.
- Chapter 4 applies the discrete–continuous optimization method to fitting the Blockhead model to a physical phantom.
- Chapter 5 includes closing remarks regarding the advantages and limitations of the Blockhead model, as well as proposals for future refinements and discussion of open problems.

#### 1.1.1 Terminology

Throughout this document, certain terms will be used with specific intended meanings. These may not correspond to the meanings understood in other documents within the brain-modeling literature or in other fields of study or contexts. However, they are used consistently within this text, and the meanings described here apply only within this text.

"Macrostructure" denotes white-matter fiber trajectories at the millimeter scale as well as the morphology of the gross segments of brain tissue: coherent white-matter structures and contiguous volumes of grey matter or cerebrospinal fluid. "WM", "GM", and "CSF" respectively refer to these tissue and fluid types. The scope of this work is restricted to the brain, and therefore WM and GM refer specifically to the white matter and grey matter of the brain; the spinal cord also contains these tissues, but is excluded from this work. The terms "axon", "fiber", "tract", and "fascicle" refer to the levels of the anatomical hierarchy of the white matter of a real brain, in order of increasing size. "Microstructure" denotes the characteristics of the white matter on a sub-millimeter level, including details of fluid exchange, fluid self-diffusion, and cell geometry. "Model" denotes a mathematical model—a set of parameters and a consistent interpretation thereof—while an "instance" of that model is a particular set of values assigned to the parameters.

A "phantom" is a synthetic structure used as a subject for imaging or image analysis; phantoms enable a broad array of experiments because they provide known ground truth. A "physical phantom" is an actual object that is placed in the scanner and imaged, whereas a "computational phantom" is a geometrical model instance used to generate synthetic images.

When describing location and orientation in the brain, special terminology is used. "Posterior" and "anterior" mean "back" and "front", respectively; "inferior" and "superior" mean "bottom" and "top"; and, in this work, "left" and "right" are from the subject's perspective. These terms may also be used as adjectives to describe relative position: "anterior", for example, may mean "toward the front". The three orientations of axis-aligned planes also have special names. A "sagittal" plane divides the left-right axis and is parallel to the other two axes; the "mid-sagittal" plane divides the face, head, and brain into symmetrical halves. A "coronal" plane divides the posterior-anterior axis; a coronal plane through the ears, for example, would divide the face from the back of the head. An "axial", "transverse", or "horizontal" plane divides the inferior-superior axis; when the subject is standing and looking straight ahead, an axial plane is parallel to the ground.



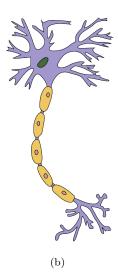


Figure 1.2 – (a) An axial block-face image of the brain from the Visible Human 2.0 dataset [23, 80]. Here grey matter is deep pink and white matter is white or pinkish grey. The tops of the ventricles are also visible as paired inward-pointing triangles on either side of the corpus callosum, in the center of the image. (b) A cartoon of a neuron [44, 70]. At the top is the cell body; the axon projects downward from there and is surrounded by myelin, in yellow.

### 1.2 Brain Structure

The tissue of the human brain is composed of a layer of grey matter around the outside, called the *cortex*, a few internal (or "subcortical") grey-matter structures such as the thalamus and hippocampus, and white matter in the interior. In the illustration in Figure 1.1(a), GM is rendered in a dark shade, WM in white, while in the photograph in Figure 1.2(a), GM is reddish-brown and WM is light pinkish grey. There are a small number of cavities in the brain called *ventricles*, which are filled with cerebrospinal fluid (CSF); two of these are visible in Figure 1.2(a). The brain is divided along the mid-sagittal plane by a large fissure into two approximately symmetrical hemispheres. The hemispheres are connected by a small number of WM fascicles, most notably by the thick band of axons in the center of the brain called the *corpus callosum*.

The cells that transmit signals in the nervous system are called *neurons*. A typical neuron consists of three parts: the cell body; one or more short, branching projections of the body called *dendrites*; and a single long projection called an *axon*, which may have short branches along its length (see Figure 1.2(b)). Signals travel from the body to the end of the axon in the form of a cascading electrochemical action potential. The interface between the axon of one neuron and a dendrite of another is called a *synapse*, and it is across these synapses that chemical signals may pass to propagate a signal from one neuron to the next.

The brain contains other types of cells in addition to neurons, including glial cells (which provide structural support and biological maintenance to neurons) and the cells of blood vessels. Glial cells produce a structure called *myelin* by wrapping fatty extensions of their cell bodies around short

segments of certain axons. A so-called "myelinated" axon is wrapped in myelin along its entire length (except for small gaps between adjacent myelin segments), forming a *myelin sheath* that increases the propagation rate of the nerve signals along that axon.

Each axon in the WM of the brain is a projection of a neuronal body in one location and terminates in another location, typically several centimeters away. The body of a neuron that transmits signals from a grey-matter site is located close to the interface between the white matter and the grey matter at that site. The distal (far) end of an axon that transmits signals to a grey-matter site is similarly located close to the WM/GM boundary at that site. Thus, apart from glial cells, blood vessels, and other cells, the white matter is primarily composed of axons.

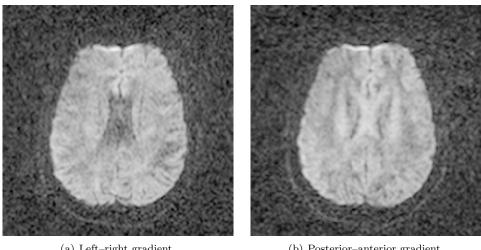
If two neuronal bodies near each other have axons that terminate near each other, the axons tend to stay near each other along their lengths, and hence white-matter fibers arise from great numbers of locally parallel axons that connect different sites together. Individual axons in the human brain white matter typically range from  $0.5\mu m$  to  $20\mu m$  in diameter [6], while fiber diameters are on the millimeter scale.

In a given white-matter fiber, axonal membranes and myelin sheaths are oriented approximately parallel to each other. Within each axon, the nanoscale fibers of the neuron's cytoskeleton are also aligned parallel to the axon itself. All these structures hinder or restrict the random motion of water molecules both inside and outside the cells, making water diffuse faster *along* the fiber axis than across it. Diffusion MRI analysis exploits this orientational dependence (or "anisotropy") to detect structural properties of the white matter [18].

# 1.3 Diffusion MRI

Each diffusion-weighted image (DWI) that results from a diffusion MRI scan measures water self-diffusion in a chosen direction and over a chosen time scale. "Self-diffusion" of water molecules specifically means their diffusion in the absence of a chemical gradient, or simply the diffusion of water molecules in an environment of water, with no net flux. The value in a particular voxel in this DWI is a noisy measurement related to the average diffusion (in this direction and over this time scale) of all water molecules in the volume of the voxel. Each DWI has two imaging parameters associated with it: a b-value, which is related to the time scale, and a diffusion gradient vector, which dictates the direction. Each DWI in a diffusion MRI acquisition may have a different b-value and gradient vector. Some example DWIs are given in Figure 1.3. For reasons explained below, there are almost always at least 7 DWIs in an acquisition, often as many as 70, and sometimes many more.

Let us consider an example acquisition with n DWIs, and a small volume the size of a voxel surrounding a single point in the interior of the brain. This volume has n diffusion measurements associated with it: one for the corresponding voxel in each DWI. Therefore a properly co-registered set of DWIs may be conceived of as a single raster volume whose value in each voxel is a length-n vector, rather than as n separate scalar-valued raster volumes. Each of the n components of the vector in each voxel is a physical measurement of a magnetic resonance response from the nuclei of



(a) Left-right gradient.

(b) Posterior-anterior gradient.

Figure 1.3 – Matching horizontal sections from two DWIs of the same brain, sensitized to diffusion in two different directions. The corpus callosum (CC) is a left-right running band of axons that connects the hemispheres, and its cross-section appears as an X in the centers of these images. Intensity is inversely correlated with diffusion rate, and diffusion is faster along axons than across them. Hence the CC is dark when imaged with a left-right-aligned gradient but bright when imaged with a front-back (anterior-posterior) gradient. Other white-matter structures are also evident in intensity differences between these images.

hydrogen atoms in water as it moves in the volume of the voxel.

The physical process by which the DWI is sampled is a sequence of radio-frequency magnetic pulses in the scanner that cause a nuclear magnetic resonance response. For this reason, the particular script of predetermined steps that a scanner carries out in order to perform a particular MRI scan is called a "pulse sequence". The design and study of pulse sequences is an entire field of research unto itself that is beyond the scope of this document. For an accessible overview of the physics of diffusion MRI, see Mori's review articles from 1999 or 2006 [66, 68]. An excellent introductory technical discussion of MRI physics is given in Chapter 17 of Hobbie's medical physics text [41].

The equation for the intensity of the diffusion MRI signal at b-value b (measured in units of  $s/mm^2$ ) in a free fluid with diffusion coefficient D (measured in  $mm^2/s$ ) is

$$S(b) = S_0 e^{-bD} . (1.1)$$

This equation is known as the Stejskal-Tanner diffusion equation, named after the scientists who established modern techniques for measuring the diffusion properties of materials using MRI [90]. We show it here as a function only of b since, when performing a diffusion-MRI scan, b is a dependent variable while D is typically outside of experimental control and unknown.

 $S_0$  is the "unweighted" diffusion MRI response<sup>1</sup>—the signal value at b=0—and depends on

<sup>&</sup>lt;sup>1</sup>An alternative notation for the unweighted signal response, sometimes encountered in the literature, is  $I_0$ . We opt for  $S_0$  to avoid confusion with the canonical symbol for the zero-order modified Bessel function of the first kind.

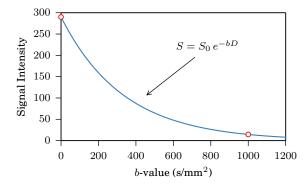


Figure 1.4 – The Stejskal—Tanner model predicts exponential attenuation of the diffusion-weighted MR signal as b increases. Here  $D=0.003\,\mathrm{mm}^2/\mathrm{s}$ , approximately the diffusivity of water at body temperature, and  $S_0=290$ , which is typical for the datasets used in this work. Two observations, from which D could be estimated, are marked by red circles.

tissue properties (proton density and relaxation times) and imaging parameters (echo time) that remain constant over the duration of an MRI scan.  $S_0$  is therefore a constant at any particular position for a given acquisition and imaging subject, regardless of the b-value or diffusion gradient.

The b-value, more formally known as the "diffusion-weighting factor", is a fixed, characteristic measure of a given pulse sequence. b may be computed analytically for simple pulse sequences, but it may also be determined experimentally by solving Equation 1.1 with measurements of a physical sample with known D.

Let us assume for the moment that our MRI signal values are noise-free (noise is discussed in  $\S1.6$ ). If we measure the signal in the same voxel with the same diffusion gradient at two different b-values, say  $b_1$  and  $b_2$ , we can compute D along that gradient in that voxel:

$$D = -\frac{\log(S(b_1)) - \log(S(b_2))}{b_1 - b_2}$$
(1.2)

In neuroscience applications, D is called the *apparent* diffusion coefficient (ADC) because, when the voxel of interest contains brain tissue, diffusion MRI measures the behavior of water under the influence of the tissue microstructure [91].<sup>2</sup> Theoretically, the diffusion coefficient of free water is constant at a given temperature. The computed D is therefore the diffusion coefficient that the water *appears* to have when its molecules are hindered and restricted by microscopic obstructions. In the presence of aligned WM structures, D is anisotropic—it is higher when the diffusion gradient is aligned with the axons, and lower when it is orthogonal to them.<sup>3</sup>

<sup>&</sup>lt;sup>2</sup>The ADC is also called "effective diffusion tensor" in some early works.

<sup>&</sup>lt;sup>3</sup>Note that while diffusion MRI can detect the *orientation* of a fascicle by comparing diffusion MR signals, it cannot detect the *direction* of the axons that make it up—that is, which end of each axon connects to the neuronal body. There are a variety of reasons for this, primarily that the physical principle upon which diffusion MRI is based does not distinguish between water molecules moving parallel to the diffusion gradient vector and those moving antiparallel. In addition, on the scale of a DWI voxel, water diffusion in the brain is essentially symmetric; there are approximately as many water molecules going in the  $+\hat{g}$  direction as there are in the  $-\hat{g}$  direction, regardless of local microstructure. Lastly, the direction of an axon does not appear to affect water diffusion in or around the main length of the axon.

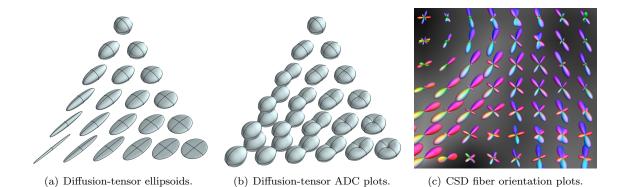


Figure 1.5 – Visualizations of common models of anisotropic diffusion. (a) Tensor ellipsoids show the action of each tensor on the unit sphere. The arrangement of the tensors exhibits their fundamental shape parameters [53, 101]. Along the left edge are prolate tensors, with  $\lambda_1 > \lambda_2 \approx \lambda_3$ . Those along the right edge are oblate:  $\lambda_1 \approx \lambda_2 > \lambda_3$ . The top tensor is isotropic:  $\lambda_1 \approx \lambda_2 \approx \lambda_3$ . Tensors in the middle have unequal eigenvalues and are said to be scalene. (b) Diffusion-tensor ADC glyphs plot, in spherical coordinates, the apparent diffusivity predicted by the DT model in each direction. Note the dissimilarities from the ellipsoid shape. (c) The CSD technique computes a fiber orientation distribution function that may have multiple peaks. This enables modeling crossing-fiber regions of the WM with higher fidelity. This coronal slice (rendered with MRtrix [93]) shows a region where lateral fibers from the corpus callosum cross vertical fibers of the corticospinal tract.

# 1.4 Microstructure Modeling

Among the earliest applications of diffusion MRI in neuroscience was the investigation of WM microstructure properties at the voxel level. The earliest and still most widespread technique for this is diffusion tensor imaging (DTI), which models the anisotropic ADC in each voxel as a second-order tensor and fits it to the orientation distribution of diffusion MRI signals [14, 13]. The diffusion signal equation for a diffusion tensor D, unweighted signal  $S_0$ , diffusion-weighting factor b, and diffusion gradient unit vector  $\hat{q}$  is

$$S = S_0 \exp(-b\hat{g}^{\mathsf{T}} D\hat{g}) . \tag{1.3}$$

In the case of isotropic diffusion, this reduces to Equation 1.1. As a second-order tensor over  $\mathbb{R}^3$ , D is a  $3 \times 3$  symmetric positive definite matrix and thus has six degrees of freedom. To compute the elements of D and also the value  $S_0$ , a total of at least seven acquisitions of S are therefore required. Typically, at least one acquisition has  $b = 0 \text{ s/mm}^2$  to directly measure  $S_0$ , and the other six (or more) have a fixed b-value (often  $1000 \text{ s/mm}^2$  or  $1200 \text{ s/mm}^2$ ) and distinct gradients  $\hat{g}$ .

We may visualize the diffusion tensor with a three-dimensional ellipsoid, the result of its action on the unit sphere (see Figure 1.5(a)). The orientations of the ellipsoid's three semi-axes correspond to the tensor's eigenvectors, and the lengths of the semi-axes are proportional to the eigenvalues. The eigenvalues are named according to the order of their magnitudes, so that  $\lambda_1 \geq \lambda_2 \geq \lambda_3$ . This ellipsoid visualization makes clear that the DT model can express a diffusion profile with at most one primary diffusion direction: if  $\lambda_1 \approx \lambda_2$ , then the predicted diffusivity is equal in the entire plane spanned by  $\lambda_1$  and  $\lambda_2$  (Figure 1.5(b)).

Though the diffusion tensor model does not directly represent the microstructure, the orientation of its principal eigenvector is correlated with the local axon orientation, and other structural properties affect the tensor as well [68]. To quantify these effects, researchers developed a variety of measures of the diffusion tensor, including the popular tensor invariant called "fractional anisotropy" (FA) [16]. Especially in clinically-oriented research, voxelwise analysis with DTI, and particularly FA, continues to be the most common use of the technology [55, 62, 52, 34].

However, the diffusion tensor model has widely acknowledged disadvantages. In partial-volume voxels (where crossing fibers, or distinct fiber populations or tissue types, coexist in the same voxel), a single tensor cannot express the diffusion characteristics of the multiple tissue populations. Even in single-population voxels, the tensor fit is sensitive to image resolution and other acquisition parameters [3, 76, 96, 4]. FA and other anisotropy measures also suffer from ambiguous interpretation in terms of actual tissue properties. Demyelination, axon dropout, and mixed fiber populations, for example, can all cause a decrease in anisotropy [68].

Numerous researchers have developed alternative techniques for interpreting diffusion signals in each voxel, in an attempt to overcome the shortcomings of the diffusion-tensor model. Some fit multiple tensors [20, 42, 74], while others compute higher-order representations or decompositions of the diffusion profile, from which useful measures may be derived [5, 32, 96, 40, 99]. One such model, which we use as a baseline for comparison throughout this dissertation, is constrained spherical deconvolution (CSD) [94, 92, 95]. CSD estimates an orientation distribution function for the fibers in each voxel and represents it in a spherical harmonic basis. This fiber orientation distribution (FOD) may have multiple peaks, representing distinct crossing fiber populations (see Figure 1.5(c)). CSD computes the FOD by first estimating, from the DWIs, the signal profile of a single-fiber population in a known orientation. It then deconvolves the observed signals in each voxel by the single-fiber profile to arrive at the FOD. Although the assumption that all fiber populations have the same signal profile does not accurately reflect reality, CSD is a successful technique for distinguishing crossing fiber populations and produces good results when used as input for higher-level modeling of macrostructure (see Figure 1.6).

Another class of appealing approaches are the so-called *compartment models*. These models directly represent the microstructural properties of the tissue in each sample. Parameters include orientation of the axon population, diffusion coefficients of the intra- and extracellular fluid, volume fractions of the various fluid compartments, axon diameter or "caliber" (or a distribution thereof), and fluid exchange between compartments [89, 11, 9, 10, 6, 104]. In order to fit these models, various assumptions have been made for each—most often that the fibers are oriented in a single, known direction—and none incorporate all the parameters listed. In the general case of full-brain diffusion MRI, however, fiber orientation at each point is not known.

There is evidence that microstructure models must take into account these and other aspects of the WM microenvironment to accurately explain the diffusion signal and to provide scientifically useful interpretations of the data. Axon caliber affects nerve signal conduction speed [81], making it an important property to be modeled as well. Axon calibers are known to vary widely within the volume of a single voxel in most regions of the WM, implying a need to model a distribution of calibers, not just a single value [10]. Nilsson, et al. argued that multi-compartment microstructure models must include fluid exchange [69]. Furthermore, not only do many regions exist where fiber tracts cross, axons even within a single tract exhibit some variability in orientation [51], a property that has not yet been incorporated into any microstructure model. As the list of desirable parameters in a microstructure model grows, the system to be solved grows more underdetermined relative to the number of diffusion MRI measurements available in a single voxel.

## 1.4.1 Incorporating More Data into Microstructure Fitting

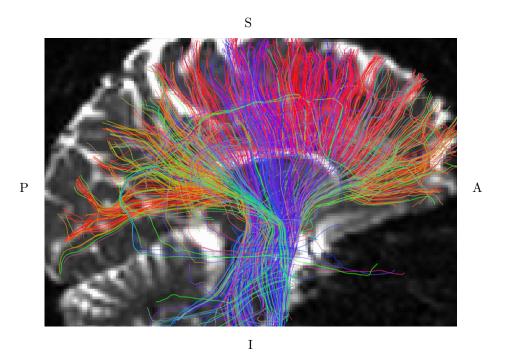
WM axons that terminate inside the brain do so, in healthy brains, only within grey matter [85, 77], and therefore the number and identity of axons in the cross-section of a non-branching fascicle is conserved along its length within the brain white matter. The law of large numbers dictates that the distribution of microstructural properties of a population of axons within a fascicle, sampled at the resolution of diffusion MRI, changes smoothly along the length of the fascicle, even if the microstructure of each individual axon may change abruptly over a short length scale.<sup>4</sup>

This observation suggests a practical remedy to the theoretical limitations of current microstructure models. If it were possible to identify the DWI voxels that image only a particular given fascicle, one could fit a single microstructure model to all the observations in these voxels. More generally, one could fit a smooth function over space that produced values for the microstructure model parameters. As long as the function had sufficiently few degrees of freedom, there would be a higher ratio of number of samples to number of fit parameters, versus fitting the model independently in each relevant voxel.

Regularizing the solution of a diffusion model is one way to implicitly construct such a function. Many examples of previous work on regularization exist, both for the diffusion tensor model [27, 72, 98, 73] and for higher-order models [26, 84, 28]. All of these, however, assume the diffusion field is smooth in all directions across the entire image volume; that is, when fitting the model in a given voxel in one fascicle, data from a voxel in a different fascicle affect the fit as much as those from a voxel an equal distance away in the same fascicle do. This necessarily leads to blurring of the boundaries between fascicles and between the WM and GM, and therefore exacerbates partial-volume issues and the limited resolution of diffusion MRI.

The Blockhead model introduced in this work, however, defines a smooth microstructure function independently within each macrostructure component, leaving macrostructure boundaries sharp at sub-voxel resolution. The Blockhead solution technique optimizes the model's fit to the image data by simultaneously solving for the geometric parameters of the macrostructure and the continuous parameters of the smooth microstructure functions. While the microstructure model used in the current implementation is quite rudimentary (a single prolate diffusion tensor for each macrostructure

<sup>&</sup>lt;sup>4</sup>This principle holds only if the microstructural changes of axons are spatially independent. If many neighboring axons had the same abrupt change in their individual microstructures at the same location, there would be a large-scale discontinuity in microstructure properties at that location. However, this phenomenon is not typically observed within individual fascicles of the white matter.



**Figure 1.6** – CSD-based tractography curves. A subset of a full-brain reconstruction has been selected to show a portion of the right corticospinal tract and a portion of the corpus callosum, as well as some stray curves from the superior longitudinal fasciculus. The image in the background provides location cues; this is a sagittal view from the subject's right. Curves generated from a CSD fit by MRtrix [93]; visualized in Trackvis [97].

component), Blockhead provides a framework for fitting more sophisticated microstructure models with data from many voxels at once.

# 1.5 Macrostructure Modeling

Large-scale and even full-brain macrostructure have also been a subject of investigation with diffusion MRI. The most widely used technique for modeling the WM macrostructure is known as "tractography", in which space curves representing likely paths of fibers through the WM volume are computed from the voxelwise diffusion model instances [15, 67]. A visualization of an example curve set is given in Figure 1.6. Full-brain sets of tractography curves have been used in fundamental anatomical research, in order to catalogue the regular structure of the WM fibers [71] and to study cortical connectivity [38]. Manually-selected subsets of curves have also been used as approximations to known WM fascicles in order to study the effects of diseases on specific structures [47]. There is a great deal of variation between subjects in brain morphology [83, 82], indicating that atlases may be insufficient for identifying common structures [105]. Accurate macrostructure reconstruction for each subject individually may therefore offer a better alternative for the comparison of WM structures between subjects [47].

The best-established diffusion model underlying tractography algorithms is DTI, but it has known disadvantages. The problematic interpretation of the diffusion tensor in partial volume voxels and at fiber crossings can lead simple tractography algorithms to terminate curves prematurely within the WM or to generate curves with spurious redirections into other fiber bundles [60].

Research is active on more sophisticated tractography algorithms that operate on DTI data or on higher-order models [75, 84, 79, 29, 100].<sup>5</sup> These algorithms generally perform better than simple ones. However, they can all result in unrealistic reconstructions; a common failure case is that when fiber tracts cross, a significant number of curves for one tract either terminate at the crossing region, redirect into the other tract, or otherwise lose their directional coherence, while only the remaining fraction successfully pass through to the same tract on the other side of the crossing. Small examples of these failure cases may be found in the otherwise positive results of Perrin, et al.'s 2005 paper or Savadjiev, et al.'s 2006 one [75, 84].

The Blockhead modeling system initializes its macrostructure-model instance from an arbitrary set of tractography curves. All of the above algorithms improve upon traditional DTI-based tractography, and any could be used to initialize the Blockhead model. Chapter 2 discusses the design of the Blockhead macrostructure model, and §3.2.3 explains its initialization from tractography data.

# 1.6 Noise Properties of Diffusion MRI

The MR images used in most diffusion-modeling schemes are scalar-valued, but each scalar is in fact the magnitude of a complex-valued measurement, which is itself a reconstructed sample from the Fourier transform of a frequency-domain signal. The noise on these intermediate complex-valued measurements is Gaussian in both the real and complex components, with equal variance. The resulting noise distribution in the magnitude image is a Rician distribution [36]. For a circular bivariate Gaussian distribution with center  $\mu = (\tilde{x}, \tilde{y})$  and covariance  $\Sigma = \sigma^2 \mathbf{I}$  (where  $\mathbf{I}$  is the  $2\times 2$  identity matrix), the Rician distribution of its magnitude has two parameters: the "offset"  $\nu = ||\mu|| = \sqrt{\tilde{x}^2 + \tilde{y}^2}$  that is equal to the true magnitude, and the noise scale  $\sigma$ . Its PDF and CDF are

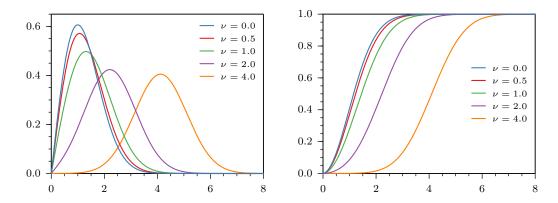
$$f_{\text{Rice}}(x;\nu,\sigma) = \frac{x}{\sigma^2} \exp\left(-\frac{x^2 + \nu^2}{2\sigma^2}\right) I_0\left(\frac{x\nu}{\sigma^2}\right)$$
(1.4)

$$F_{\text{Rice}}(x;\nu,\sigma) = 1 - Q_1\left(\frac{\nu}{\sigma}, \frac{x}{\sigma}\right) , \qquad (1.5)$$

where  $I_0$  is the zero-order modified Bessel function of the first kind, and  $Q_1$  is the Marcum Qfunction. Figure 1.7 illustrates the PDF and CDF at various values of  $\nu$ . This distribution has a
number of properties relevant to the analysis of MRI data:

• A Rician random variable is strictly non-negative, and is zero with probability zero.

<sup>&</sup>lt;sup>5</sup>There is also an entire other class of tractography methods called *probabilistic* tractography that show promising results for connectivity applications [19, 21], but are not applicable to the Blockhead system and are therefore not addressed in the present work.



**Figure 1.7** – The PDF and CDF of the Rician distribution with  $\sigma = 1$  at various values of  $\nu$ . Note that for other values of  $\sigma$  the CDF is merely scaled horizontally by  $\sigma$ , and so the PDF is scaled horizontally by  $\sigma$  and vertically by  $\sigma^{-1}$ . The  $\nu = 0$  case reduces to the Rayleigh distribution.

- The distribution has a positive bias; its mean is always greater than the true signal value  $\nu$ , and the bias increases dramatically at low  $\nu/\sigma$ .
- The distribution depends nonlinearly on  $\nu$ , unlike Gaussian noise, which is purely additive.

As mentioned in §1.3, an algebraically appealing method for fitting the one-dimensional Stejskal–Tanner signal equation,  $S(b) = S_0 e^{-bD}$ , is to sample S at two values of b, take the natural log, and solve for D:

$$D \approx -\frac{\log(S(b_1)) - \log(S(b_2))}{b_1 - b_2} \tag{1.6}$$

However, when our signal values are sampled from a real acquisition, their values include noise and this approach is inappropriate. Even if the noise were Gaussian, taking the log would introduce heteroskedasticity and skew into the random variables. The positive bias of Rician noise exacerbates this issue. Similar concerns arise when fitting anisotropic diffusion models such as diffusion tensors, and the proper remedy is nonlinear fitting with noise estimation. A variety of investigators have demonstrated the effects of Rician noise on anisotropic diffusion signals, derived measures of the diffusion tensor, and the performance of various linear and nonlinear diffusion-tensor fitting algorithms [17, 57, 45, 46].

Throughout this dissertation we call  $\sigma$  the "noise scale" or "noise level", and use it as the fundamental measure of image noise, in contrast to the commonly-reported signal-to-noise ratio (SNR). Since the diffusion signal varies depending on the orientation of the imaging gradient relative to the local orientation of the microstructure, there is no single SNR value that describes the noise context for model-fitting. Jones and Basser demonstrated that, because of this orientational variation in SNR, a fixed noise level affects ADC estimation differently along different orientations [46]. Furthermore, different experimental protocols may use different echo times (sometimes chosen to achieve a particular maximum b-value [49]), leading to different unweighted intensities  $S_0$  for the same subject. We therefore see the noise level as a more precisely-defined and more useful noise

measure than SNR. Its scale must be understood relative to the observed signal intensities of the imaging subject, which must also be reported. See §2.3 for a table of equivalent SNRs at various noise levels in various contexts.

The optimization method used in the Blockhead modeling system pays particular attention to the Rician noise distribution of diffusion MR images. §1.7 presents the relevant statistical theory.

In addition to unavoidable imprecision and bias due to noise, practical DWI acquisitions often also exhibit inaccuracy due to imaging artifacts. These artifacts include distortion, ghosting, and blurring, which result from eddy curents, uneven magnetic susceptibility, subject motion, or inherent tradeoffs in the use of accelerated acquisition techniques such as echo-planar imaging [12, 61, 48]. The present work does not address these types of inaccuracy in the input data.

## 1.6.1 Estimating the Noise Level of MR Images

For MR images, the true signal in open air is effectively zero. The observed image intensities in the background of a DWI may therefore be assumed to have  $\nu=0$ , provided that background artifacts (often due to eddy currents or subject motion [61]) have either been suppressed or masked out. In this regime, the Rician distribution reduces to a Rayleigh distribution, with PDF and CDF

$$f_{\text{Rayl}}(x;\sigma) = \frac{x}{\sigma^2} \exp\left(-\frac{x^2}{2\sigma^2}\right)$$
 (1.7)

$$F_{\text{Rayl}}(x;\sigma) = 1 - \exp\left(-\frac{x^2}{2\sigma^2}\right)$$
 (1.8)

The method of moments provides an unbiased estimator of the noise scale for a Rayleigh distribution. For B background samples  $s_j$ ,  $j \in [1, B]$ ,

$$\hat{\sigma} = \sqrt{\sum s_j^2 / 2B} \;, \tag{1.9}$$

under the assumption that the noise is spatially uniform [36]. Throughout this work we assume that a large number of background voxels have been sampled before any other processing is done, and therefore that a fairly accurate estimate of the noise scale is known. Conservative, semi-automated selection of background voxels by histogram segmentation was sufficient for the experiments presented here, but more sophisticated schemes exist to provide consistency in larger experiments [88].

# 1.7 Comparison of Diffusion Models

As noted above, a variety of models exist to represent white-matter tissue as measured by diffusion MRI, and this dissertation presents an alternative model. Every model necessarily makes a tradeoff between *accuracy*—how well it predicts the observed DWI signals—and *parsimony*—how few degrees of freedom it uses to express the structure in question. We wish to balance these considerations in a quantitative comparison of any given pair of model instances, to objectively evaluate different

models and fitting techniques without encouraging under- or over-fitting.

For a model instance with k degrees of freedom and likelihood L measured from n sample observations, we may compute the Akaike information criterion (AIC) as

$$A(k, n, L) = 2k - 2\log(L) + \frac{2k(k+1)}{n-k-1}.$$
(1.10)

The final term is a correction for small sample sizes, and vanishes as  $n/k^2$  becomes large [2, 43, 25].

A lower AIC indicates a better balance between accuracy and parsimony, though its value is meaningful only relative to the AIC of another model instance. To be precise, the difference in AIC between two model instances is an estimate of the difference between their Kullback–Leibler divergences versus the (unknown) true distribution of the phenomenon in question [25]. Unlike the Bayesian likelihood-ratio test, the AIC does not require that the models being compared are nested [24].

In this dissertation we use the AIC to compare models to each other, and also as the objective function for fitting the Blockhead model, in which the number of degrees of freedom is variable.

#### 1.7.1 Rician Log-Likelihood

The joint log-likelihood of a set of independent observations is the sum of the log-likelihoods of the individual observations. For a Rician model with parameters  $\nu$  and  $\sigma$ , and an observation y, the likelihood is equal to the Rician PDF at y (Equation 1.4). This formula depends on  $I_0$ , which is easier to compute without underflow or overflow as  $T(r) \equiv e^{-r}I_0(r)$ . We may simplify the formula for the negative log-likelihood by defining the scaled values  $\bar{y} \equiv y/\sigma$  and  $\bar{\nu} \equiv \nu/\sigma$ :

$$-\log(L(\nu, \sigma|y)) = -\log(f_{\text{Rice}}(y; \nu, \sigma))$$

$$= \log(\sigma) - \log(\bar{y}) + \frac{1}{2}(\bar{y}^2 + \bar{\nu}^2) - \log(I_0(\bar{y}\bar{\nu}))$$

$$= \log(\sigma) - \log(\bar{y}) + \frac{1}{2}(\bar{y} - \bar{\nu})^2 - \log(T(\bar{y}\bar{\nu}))$$
(1.11)

An additional advantage of using T(r) is that its second derivative is much smaller than that of  $I_0$ , so it is more easily approximated by a piecewise-linear function. For computations throughout this dissertation, we precompute a lookup table for  $-\log(T(r))$  with  $r=0,\frac{1}{32},\ldots,\frac{1023}{32}$  using D.E. Amos's Fortran routines as packaged with Matlab [8]. The dense sampling in the lookup table limits the interpolation error to  $6.2 \times 10^{-5}$ . For  $r > \frac{1023}{32}$ , we use Hankel's asymptotic expansion of T(r) as reported in Abramowitz & Stegun, truncated after four terms [1]. The error bound for this approximation is  $1.2 \times 10^{-7}$ .

#### 1.7.2 Foreground Masking

In DWIs of the human brain, the structure of interest is contained in some finite volume, surrounded by an arbitrary amount of empty space. If a model predicts  $\nu = 0$  in each empty-space voxel, the expected value of the negative log-likelihood for each observation is  $(\log(\sigma^2/2) + 2 + \gamma)/2 \approx \log(\sigma) + 0.942$ , where  $\gamma$  is the Euler-Mascheroni constant.

If there were N acquisitions (distinct DWIs) in the input, increasing the number of empty voxels by  $\Delta e$  would increase the  $-2\log(L)$  term of the AIC by about  $N\Delta e \cdot (2\log(\sigma) + 1.884)$  regardless of model. Many models (such as DT and CSD) use a fixed number of model parameters in each voxel, regardless of the structure there. For these models, increasing the number of empty voxels by  $\Delta e$  would also drive up the 2k term (for example, by  $14\Delta e$  in the DT model). The Blockhead model, on the other hand, uses no parameters to represent empty voxels, so the 2k term would remain the same. (The correction term for DT's AIC would also grow relative to the correction term for Blockhead.) Therefore one could easily manipulate the results of an AIC comparison to favor the Blockhead model, simply by increasing the imaging volume to include more empty voxels.

To protect against this effect, we assume that every input image is accompanied by a "foreground mask" that excludes all but a small number of empty voxels. (The excluded empty voxels are used to estimate  $\sigma$  as in §1.6.1.) In all comparison between model instances in the evaluation sections of this dissertation, we compute the AIC only over the set of voxels marked as foreground by this mask.

However, the optimization processes described in §2.2.4 and §3.2 also involve computing the AIC for various alternative instances of the Blockhead model. For these AIC computations, we include in the foreground set all additional voxels that overlap with foreground tissue structures explicitly represented by the model instance itself. Otherwise, two model instances that are identical in the masked foreground would be indistinguishable to the optimization algorithm, even if one of them included spurious structures outside of the mask.

# Chapter 2

# The "Blockhead" Model of White-Matter Structure

## 2.1 Introduction

The Blockhead model consists of a number of rectangular cuboids, six-sided polyhedra with rectangular faces, called "blocks". Each block represents a population of axons whose microstructure properties are assumed to be uniform throughout the block's volume. Multiple populations may coexist in space, modeled by overlapping blocks. For simplicity, we use a single prolate 2<sup>nd</sup>-order diffusion tensor to represent the microstructure in each component. A prolate tensor is one in which the second and third eigenvalues are equal; that is, its ellipsoid is "cigar-shaped", with a circular cross-section in the plane of the two shortest axes. Despite its limitations, this simplified model is generally regarded as sufficient to capture the appearance of a single axon population that does not fan or bend [59].

When the model is initialized to the correct number of blocks, we may fit it to a given set of DWIs using gradient descent, with the Akaike information criterion (Equation 1.10) as the objective function. The experiments in this chapter demonstrate that the AIC correctly guides the optimizer to reconstruct the ground truth when that is itself an instance of the model.

### 2.2 Methods

#### 2.2.1 Model

The model has twelve degrees of freedom per block, corresponding to twelve independent parameters:

- 3 for the center position of the cuboid:  $c_x$ ,  $c_y$ ,  $c_z$ .
- 3 for the orientation of the cuboid, which determines orthonormal axes  $v_1, v_2, v_3$ .
- 3 for the length of each side:  $\ell_1$ ,  $\ell_2$ ,  $\ell_3$ .
- 3 for the appearance of the tissue: M (mean diffusivity), F (fractional anisotropy),  $S_0$ .

 $v_1$  is called the "primary axis" of the block;  $v_2$  and  $v_3$  are the "secondary axes". Despite these names, there is no ordering imposed on the side lengths; for example, it is acceptable for  $\ell_1$  to be smaller than the other two lengths.

The appearance parameters M and F respectively determine the size and shape of a prolate diffusion tensor, as explained below.  $S_0$  is the unweighted image intensity from the diffusion-tensor signal equation (Equation 2.1); it encapsulates non-diffusion characteristics of the tissue that determine its overall intensity in diffusion-weighted images.

For a general diffusion tensor D, unweighted signal value  $S_0$ , and imaging parameters b (the diffusion-weighting factor) and  $\hat{g}$  (the diffusion gradient unit vector), the diffusion signal equation is

$$S = S_0 \exp(-b\hat{g}^{\mathsf{T}} D\hat{g}) . \tag{2.1}$$

The following paragraphs demonstrate how the signal for a prolate diffusion tensor (Equation 2.5) may be computed directly from high-level tissue parameters (orientation, M, F, and  $S_0$ ) and the imaging parameters.

The diffusion tensor D has an eigendecomposition  $D = Q\Lambda Q^{\mathsf{T}}$ , where  $Q = [\hat{e}_1 \ \hat{e}_2 \ \hat{e}_3]$  is the  $3 \times 3$  rotation matrix whose columns are the eigenvectors of D, and  $\Lambda$  is the diagonal matrix of eigenvalues  $\lambda_1 \geq \lambda_2 \geq \lambda_3 > 0$ . We model D using the well-known diffusion-tensor invariants mean diffusivity (M) and fractional anisotropy (F), defined as follows:

$$M = \frac{1}{3} \left( \lambda_1 + \lambda_2 + \lambda_3 \right) \tag{2.2}$$

$$F = \sqrt{\frac{(\lambda_1 - \lambda_2)^2 + (\lambda_2 - \lambda_3)^2 + (\lambda_3 - \lambda_1)^2}{2(\lambda_1^2 + \lambda_2^2 + \lambda_3^2)}} \ . \tag{2.3}$$

Under the assumption that that the tensor is prolate (that is, that  $\lambda_2 = \lambda_3$ ), F and M suffice to uniquely determine the eigenvalues of the tensor:

$$\lambda_1 = M + \left(2MF/\sqrt{3 - 2F^2}\right)$$

$$\lambda_2 = \lambda_3 = (3M - \lambda_1)/2 .$$
(2.4)

Furthermore, given the principal eigenvector  $\hat{e}_1$ , the choice of  $\hat{e}_2$  and  $\hat{e}_3$  is arbitrary, so long as the three vectors form an orthonormal basis.

The choice of  $\hat{e}_2$  and  $\hat{e}_3$  cannot be the result of a continuous function, however, as a consequence of the hairy ball theorem, which is closely related to Brouwer's fixed-point theorem [64]. We may sidestep this issue by instead expanding the eigendecomposition of D in Equation 2.1 and reducing the signal equation to a function only in  $\lambda_1$ ,  $\lambda_2$ ,  $\hat{e}_1$ ,  $S_0$ , b, and  $\hat{g}$ :

$$\varphi \equiv (\hat{e}_1 \cdot \hat{g})^2$$

$$S = S_0 \exp(-b(\varphi \lambda_1 + (1 - \varphi)\lambda_2)) .$$
(2.5)

Therefore, for each block in the model, it suffices to know a fiber orientation unit vector  $\hat{e}_1$ , the unitless scalar F, the scalar M with units  $\text{mm}^2/\text{s}$ , and the unweighted signal value  $S_0$ , also a unitless scalar. As an additional simplification of the model, we assume that  $\hat{e}_1 = v_1$ ; that is, the tissue inside each block is oriented along the block's primary axis. Again, note that while the eigenvalues are numbered by decreasing magnitude, no such ordering is assumed about the values of the lengths of the block.

Computationally, a model instance containing K blocks is represented by a list B[0...K-1] of block objects, each of which has an attribute for each of the 12 parameters above.

We assume that the signals produced by overlapping blocks are purely additive. This is equivalent to assuming that there is no exchange between the tissue compartments represented by the overlapping blocks. In addition, this signal model (both the additivity assumption and the use of a prolate diffusion tensor in each block) disregards several other higher-order effects in regions with multiple fiber populations. A more detailed model that represented tissue microstructure directly would need to account for the interactions between number of concurrent fiber populations, fiber-crossing angle, axon caliber, extracellular volume fraction, and extracellular diffusion tortuosity. All of these details are ignored in the present work.

## 2.2.2 Rendering

In order to evaluate a model instance's fit to a given dataset, we must determine its predictions of DWI intensities in each voxel. We developed a GPU-accelerated procedure for quickly rendering synthetic DWIs from Blockhead instances containing tens of thousands of blocks, derived from the "slicemap" method of Eisemann and Decoret [30].

There are three basic steps of our procedure; in each one, the GPU works in parallel over the cartesian product of two index sets. The index i enumerates the K blocks, j enumerates the N acquisitions, and p enumerates all the voxels in the imaged volume. Along with a Blockhead instance, the acquisition parameters  $b_j$  and  $\hat{g}_j$  are provided as input, and the result is a set of N synthetic DWIs. The three steps are:

- 1. For each (i, p), compute  $O_{pi}$ , the proportion of the volume of voxel p that lies inside block B[i].
- 2. For each (i, j), compute  $\tilde{S}_{ij}$ , the signal intensity of B[i] in acquisition j, from Equation 2.5.
- 3. For each (p, j), compute  $S_{pj}$ , the appearance of the DWI, as  $S_{pj} = \sum_i O_{pi} \tilde{S}_{ij}$ .

To compute fractional-valued overlap values  $O_{pi}$ , the first step supersamples the render volume by a fixed magnification factor in each dimension. As a consequence, the  $O_{pi}$  are quantized. We standardize the present work on a magnification factor of 4, giving 65 possible overlap values: 0 to 1, in steps of  $\frac{1}{64}$ .

### 2.2.3 Computing the AIC

Given a set of N input DWIs, along with the imaging parameters that produced them  $(b_j \text{ and } \hat{g}_j \text{ for } j = 0...N-1)$ , we wish to evaluate how well some Blockhead instance predicts these observed images. The method of our evaluation is the Akaike information criterion, or AIC.

If we consider only voxel p of acquisition j in isolation, there is a noisy observed signal value  $y_{pj}$  at this location in the input DWIs, and the model predicts the underlying noise-free signal as  $S_{pj}$ . For the purpose of computing the likelihood here,  $\nu = S_{pj}$  and we assume that  $\sigma$  is known (cf. §1.6.1). The number of model degrees of freedom is k = 12K, giving an overall objective value of

$$A = 2k - 2\left(\sum_{j} \sum_{p} \log(L(S_{pj}, \sigma | y_{pj}))\right) + \frac{2k(k+1)}{n-k-1}.$$
 (2.6)

As explained in §1.7.2, the voxels p under consideration are only those marked as foreground by the input mask, or that overlap with one or more blocks. We designate the number of foreground voxels as  $P \equiv \sum_{p} 1$ , and therefore the number of observations is n = NP.

## 2.2.4 Numerical Optimization

We wish to determine a Blockhead instance that minimizes the AIC for a given input set of DWIs. For simplicity, let us assume for now that we know K, the correct number of blocks to represent the structure under consideration.<sup>1</sup> Then each model instance is a point in a high-dimensional continuous parameter space, over which we seek the global minimum of an objective function f (the AIC). The search space has 13K dimensions, as explained at the end of this section.

The standard approach for such a problem is gradient descent, or some variation on it; this will at least find a local minimum. Variants of gradient descent generally consist of two stages, repeated alternately until convergence. In each iteration, we have a current candidate model instance x. The first stage is direction-picking, in which a vector v is chosen as the search direction. Second is line-searching, in which we evaluate  $f(x + \alpha v)$  for some values  $\alpha$ , searching for smaller values of f. Eventually we settle on a desirable value for  $\alpha$ , update the candidate instance to  $x + \alpha v$ , and return to the direction-picking stage. We will call one direction-picking step, followed by one line search, an "adjustment iteration" in this and subsequent chapters.

Line-searching typically involves two sub-stages: exponentially growing  $\alpha$  until the evaluated points bracket a minimum on the line, followed by a search for the minimum within the bracket. In particular, we initialize  $\alpha$  to 0.25 (see below) and search for a bracket by multiplying or dividing it by the golden ratio. We then subdivide the bracketed interval by the golden ratio, analogously to binary search, as motivated in Numerical Recipes [78].

Because we do not have a closed form for f in terms of the model parameters, we cannot compute the gradient directly. Furthermore, every objective-function evaluation is relatively expensive;

<sup>&</sup>lt;sup>1</sup>The next chapter deals with estimating the correct number of blocks during fitting.

despite the GPU-accelerated rendering and careful pruning of unnecessary renders in unchanged subvolumes, the function still takes on the order of 0.1s to compute on average. Therefore it is advantageous to be conservative with the number of function evaluations during optimization.

Rather than estimating the gradient over all 13K dimensions in each direction-picking stage, we instead select a random block and compute the gradient over a random subset of the dimensions corresponding to that block's parameters. In addition, we save function evaluations by using only a two-point estimate of the partial derivative in each dimension, when possible. On average, we estimate the derivative in 6.5 dimensions, and do only 1.5 new function evaluations per estimate, for a total of 9.75 expected function evaluations per estimate of the gradient.

In the line-search stage, we negate and normalize the estimated gradient, and then limit ourselves to a budget of 6 additional function evaluations. This restricts the total distance (in the parameterized search space) between any consecutive pair of model instances to  $0.25\varphi^6 \approx 4.5$ .

Limiting the distance traveled in any single line search is important, in order to prevent any single block from "outpacing" the others. It also naïvely approximates the benefits of conjugate-gradient optimization. If every iteration reached a minimum in the line-search step, then the gradient at that minimum, and therefore the next line-search direction, would be orthogonal to the line. This situation would result in a zigzagging sequence of short steps with high total length, and the pathological cases that cause this behavior become more likely as the dimensionality of the search space increases [78]. By instead holding back from aggressively minimizing in each line-search step, we allow the optimization to correct its search direction more frequently, and avoid wasting additional function evaluations on small improvements early in the optimization.

#### Search Dimensions

Because of the quantization of the overlap values  $O_{pi}$  at  $4 \times$  magnification, it is possible to translate an axis-aligned block by up to  $\frac{1}{4}$  of a voxel width in a single dimension without changing the synthetic DWIs. Therefore the optimizer works in units of voxel widths, and treats 0.25 as the natural scale of the search space. The "center position" and "side length" model parameters are correctly scaled to this size, but the other parameters need to be manipulated for correct scaling. In addition, it is preferable that our search space be infinite in each dimension, but some model parameters have limited ranges. Therefore we define seven specialized optimization parameters, each with a transformation that maps the search domain  $(-\infty, \infty)$  to the correct range, with a scaling that is appropriate for the corresponding model parameter. The transformations are summarized in Table 2.1. The optimization parameters m, f, and s respectively correspond to the mean diffusivity M, the fractional anisotropy F, and the unweighted signal  $S_0$ .

The orientation of the block has three degrees of freedom, but there are many ways to parameterize an orientation. We opt to use a unit quaternion, which has the advantage over, e.g., Euler angles that it avoids gimbal lock: the effect of a small change in any single component of a unit quaternion is fairly consistent regardless of the values of the other parameters [86, 87]. There are four corresponding optimization parameters, the components of a quaternion  $q: q = \langle q_x, q_y, q_z, q_w \rangle$ .

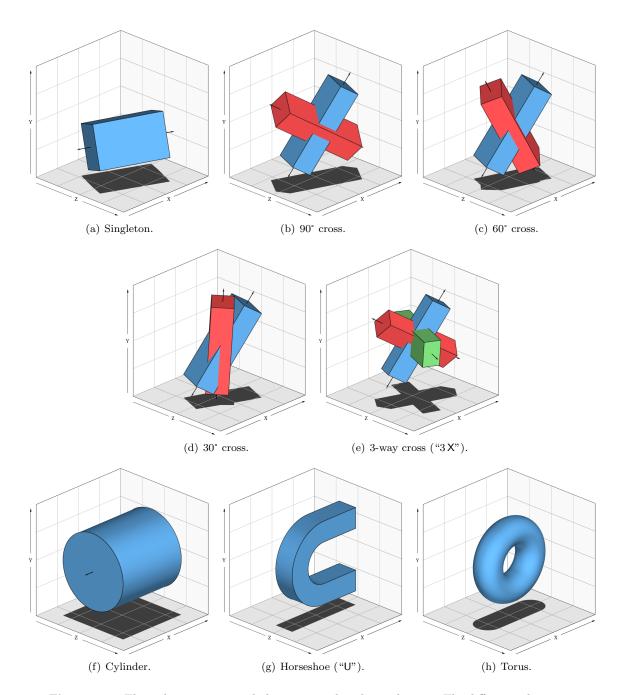
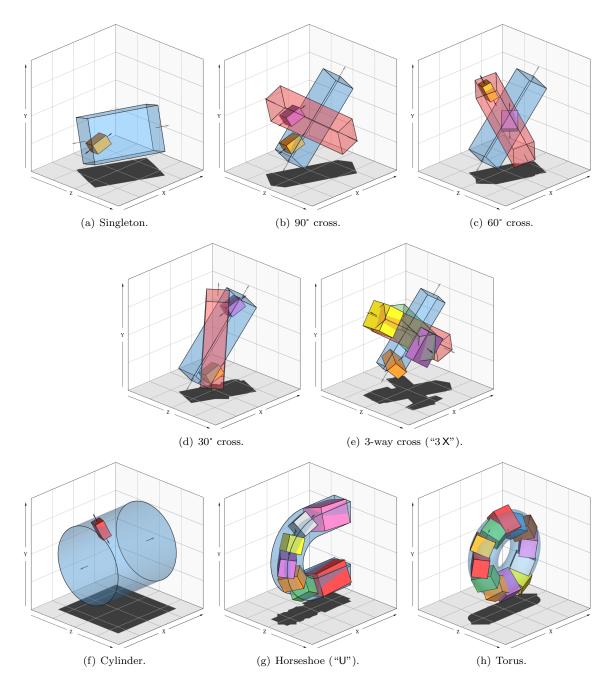


Figure 2.1 – The eight computational phantoms used in this evaluation. The different colors serve only to distinguish the components. Black arrows extending off the ends indicate the fiber direction; for the horseshoe and torus phantoms, the fibers are oriented along the long, bending axis of the shape. (a)–(e) are instances of the Blockhead model, while (f)–(h) have curving geometry that cannot be expressed by Blockhead. Note that the volume of the cylinder is approximately 3 times the total volume of any other phantom.



**Figure 2.2** – The initial Blockhead instances for gradient descent are shown as small, opaque blocks. For each subject, the corresponding ground-truth phantom is also shown, translucent, in its original colors.

Transformation	Mapping around typical values	Range
$M = m^2/2^{20}$	$m = 22.9 \pm 0.25 \rightarrow M \approx 0.000500 \pm 0.000011$	$M \in [0, \infty)$
$F = f^2/(128 + f^2)$	$f = 11.3 \pm 0.25 \rightarrow F \approx 0.5 \pm 0.01$	$F \in [0,1)$
$S_0 = s^2/256$	$s = 277 \pm 0.25 \rightarrow S_0 \approx 300 \pm 0.5$	$S_0 \in [0, \infty)$
Q = q/32	[See body text]	

**Table 2.1** – Model parameters (capital letters) and their mappings from optimization parameters (lowercase letters). Each transformation is designed so that the domain (set of possible values of the optimization parameter) is  $(-\infty, \infty)$ , while the entire range is valid for the model parameter. Furthermore, near optimization parameter values that correspond to typical values in the model parameter, a change of  $\pm 0.25$  in the optimization parameter results in a fine-grained change in the model parameter scaled appropriately to that parameter's common range of values.

We set Q = q/32 to compute the model quaternion, and finally normalize Q before computing the block's coordinate frame from it. A change of 0.25 to any one of  $q_x$ ,  $q_y$ ,  $q_z$ , or  $q_w$  changes the block's orientation by about 0.5–1°.

Although the model has 12 degrees of freedom per block, since we encode the orientation using four parameters, the search space has 13 dimensions per block.

# 2.3 Evaluation

Since the fitting method described so far assumes that the number of blocks is known, our evaluation was conducted on synthetic images of eight computational phantoms with simple geometry (see Figure 2.1):

- One Blockhead instance consisting of a single block at an oblique orientation.
- Three Blockhead instances with two blocks in each, crossing at 90°, 60°, and 30° respectively. Note in the figure that no pair of sides from different blocks is parallel.
- One Blockhead instance with three orthogonal crossing blocks (with non-parallel orientations).
- Three non-Blockhead computational phantoms: a cylinder, a "horseshoe" (U-shaped bar with square cross-section), and a torus. The fiber orientation within each phantom is aligned with the primary axis of the shape.

For all of these phantoms, the ground-truth microstructure parameters are F=0.7,  $M=0.0007\,\mathrm{mm^2/s}$ , and  $S_0=290$ . We generated a total of 80 synthetic diffusion MRI datasets: for each phantom, all combinations of five noise levels ( $\sigma \in \{5, 10, 14.5, 19.3, 29\}$ ) and two non-zero b-values ( $b \in \{1000\,\mathrm{s/mm^2}, 3000\,\mathrm{s/mm^2}\}$ ). In each dataset, there were 10 unweighted ( $b=0\,\mathrm{s/mm^2}$ ) images and 64 diffusion-weighted images with distinct diffusion-weighting directions (determined by an electrostatic repulsion simulation). Voxels were nominally 1 mm isotropic, with  $32\times32\times32$  voxels in the imaging volume.

		b = 0		$b = 1000$ $\perp \qquad \parallel$		b = 1	3000
$\operatorname{Sign}$	al $(S)$ :	290	290		72.3	99.9	4.49
			58 29	40.7	14.5 7.2	20.0	0.90
$\mathrm{SNR}\ @\ \sigma = \left\{ \right.$	14.5 : 19.3 : 29.0 :	20 15 10	20 15 10	14.0 10.5 7.0	$5.0 \\ 3.7 \\ 2.5$	6.9 5.2 3.4	0.31 $0.23$ $0.15$

**Table 2.2** – SNR at various noise levels, for synthetic tissue with  $S_0 = 290$ ,  $M = 0.0007 \,\mathrm{mm^2/s}$ , F = 0.7. The columns labeled " $\perp$ " are for diffusion signals measured perpendicular to the fiber orientation; " $\parallel$ " means parallel to the fiber orientation.

To evaluate sensitivity to noise, we also generated noise-free ( $\sigma = 0$ ) synthetic DWIs of each phantom for each b-value.

Since SNR is a more familiar, albeit less useful, measure of noise than  $\sigma$  (see §1.6), Table 2.2 summarizes the equivalent SNR for these synthetic datasets in DWIs where  $\hat{g}$  is perpendicular or parallel to the fiber orientation, at all three relevant b-values.

## 2.3.1 Model-Instance Comparison

#### Established Models

To provide a baseline of comparison, we fit two well-established models from the literature to each dataset. First, we used Wang, et al.'s Diffusion Toolkit software to fit diffusion tensors [97]. Second, we used constrained spherical deconvolution, as implemented in Tournier, et al.'s MRtrix software, to estimate the fiber orientation distribution function in each voxel [92, 93] We will refer to these models, respectively, as "DT" and "CSD". Both these models fit a single mathematical object (tensor or orientation distribution) in each voxel. However, the single orientation distribution computed by CSD in each voxel may have multiple peaks, representing multiple fiber populations in that voxel.

In order to predict signal values, the DT model requires 7 degrees of freedom per voxel: one for  $S_0$  and six for the tensor itself. For the CSD model, we set the harmonic order  $l_{\text{max}} = 4$ , which is standard for typical acquisitions [92]. At this harmonic order, the CSD model has 4 degrees of freedom to represent the single-fiber signal profile, plus 29 degrees of freedom per voxel: one for  $S_0$ , and 1+5+9+13=28 for even spherical harmonic amplitudes of the fiber orientation distribution.

#### Oracle Instances

The first five phantoms are themselves instances of the Blockhead model. We constructed "oracle fits" for these subjects simply by duplicating the ground-truth instances. These represent the best possible fit achievable for the Blockhead model, and are elements of the feasible search space for

	Single	90°	60°	30°	3 X	Cyl	U	Torus
# vox $(P)$	3666	4027	3889	3353	3466	11416	3332	4440
# obs $(n)$	271284	297998	287786	248122	256484	844784	246568	328560
DT df(k)	25662	28189	27223	23471	24262	79912	23324	31080
CSD df(k)	102652	112760	108896	93888	97052	319652	93300	124324
BH df $(k)$	12	24	24	24	36	12	84	144

**Table 2.3** – Basic measures of the experimental subjects. The variable names given in the first column are discussed in §1.7 and §2.2.3. P is the number of foreground voxels; n = PN is the total number of observations, where N = 74 for every acquisition. The final rows show the number of model degrees of freedom (k) for DT, CSD, and the Blockhead instances fit by gradient descent.

any fitting method. Therefore they provide an additional baseline for comparison to automatically-generated fits.

#### Gradient-Descent Fit

We ran the gradient-descent optimizer on datasets for all eight test subjects at both b-values and noise levels 14.5 and 29. For the first five subjects (whose underlying structures are Blockhead instances), we initialized the optimizer with the correct number of blocks. Each initial block partially overlapped a corresponding block in the ground truth, but was oblique to it and much smaller, with an average edge length of  $4.5 \, \mathrm{mm}$ .

The initial instance for the cylinder subject was also a single small block, overlapping with the cylinder but oblique to it. For the other three subjects, the initial instances were hand-built arrangements of blocks that roughly matched the shaped of the target structure. For the horseshoe, we used seven initial blocks; for the torus, 12 blocks. See Figure 2.2 for pictures of the initial states relative to the ground truth.

The appearance parameters for all initial blocks were  $S_0 = 318$ ,  $M = 0.0011 \,\mathrm{mm}^2/\mathrm{s}$ , and F = 0.5.

#### 2.4 Results and Discussion

#### 2.4.1 DT vs. CSD

For every tested dataset, the difference in AIC values between CSD and DT fits is positive (Figure 2.3(a)). These results indicate that DT provides a more informative fit than CSD. DT's advantage over CSD narrows under particular circumstances: datasets containing fibers crossing at large angles, imaged with low noise and high b-values.

The AIC balances model accuracy (measured by negative log-likelihood,  $-\log(L)$ ) against parsimony (measured by the terms involving degrees of freedom and sample counts, k and n). Smaller values of  $-\log(L)$  indicate a more accurate fit. As discussed in §1.7.1, the joint log-likelihood of an entire model instance is the sum of the log-likelihood for each observation: each signal measurement

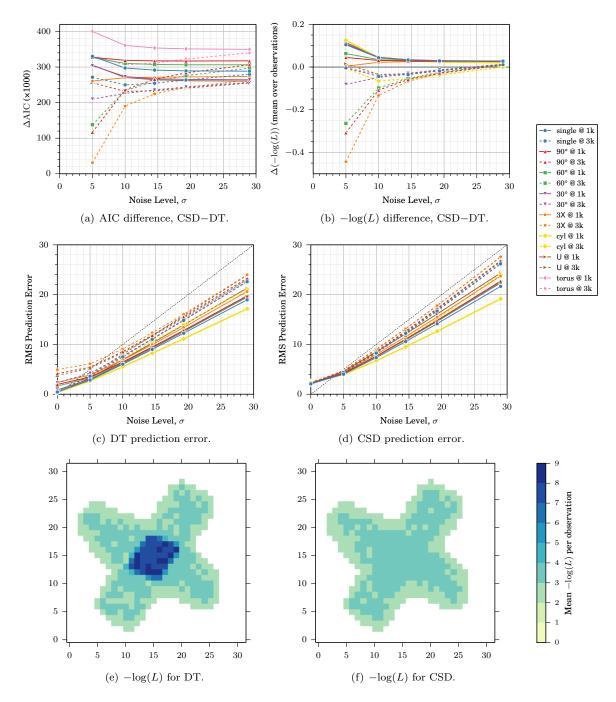


Figure 2.3 – Model-fit comparisons for DT and CSD. (a) The difference in AIC between CSD and DT is positive in all cases. For the cylinder, it is between 700,000 and 1,100,000 (far above the plotted range), owing to the far larger number of foreground voxels. (b) The difference in mean  $-\log(L)$  is negative in some cases, indicating that CSD is more accurate, on average, than DT in those cases. (c),(d) The RMS prediction error for both models is typically less than the noise level (dashed black line). (e),(f)  $-\log(L)$  images for the 90° crossing subject (X–Y slices at voxel index z=17) at  $b=3000\,\mathrm{^s/mm^2}$  with  $\sigma=5.0$ . The value in each voxel is the mean of  $-\log(L)$  over all observations in that voxel. White background voxels do not contribute to the overall  $-\log(L)$ .

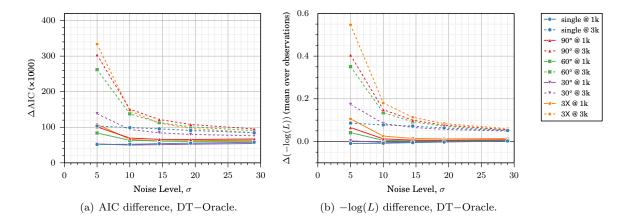


Figure 2.4 – Model-fit comparisons for DT and Blockhead oracle instances. Note that oracle instances do not exist for the cylinder, horseshoe, and torus datasets. (a) The difference in AIC between DT and oracle is positive in all cases. (b) The difference in mean  $-\log(L)$  is positive, or nearly so, in all cases, indicating that the oracle is more accurate. The singleton subject is the exception to this: DT achieves higher accuracy than the oracle by overfitting the data in each voxel.

in each voxel, compared to the predicted signal. In addition to the total of all these (negated) loglikelihood values, our analysis also examines the mean in each voxel and the mean over all foreground voxels. Figure 2.3(b) shows the difference in mean per-observation  $-\log(L)$  between CSD and DT. We see that CSD provides a more accurate fit than DT under the same circumstances described above: crossing fibers, low noise, and high b.

Figures 2.3(e) and (f) show images of the mean  $-\log(L)$  in each voxel for one such case. DT is quite accurate (has low  $-\log(L)$ ) in the single-fiber regions in the arms of the X. CSD has slightly lower  $-\log(L)$  in these regions, though the ground truth is only a tensor—CSD is overfitting to the noise. In the central crossing-fiber region, CSD remains accurate while DT fails. CSD's accuracy advantage lies exclusively in these crossing-fiber voxels. All the subjects imaged in this evaluation, however, contain large numbers of single-population voxels, and with respect to AIC, CSD's more accurate fit in crossing-fiber voxels is outweighed by its larger number of degrees of freedom.

As a different means to address sensitivity to noise, we may also compare the predictions made by each model instance against the noise-free ground truth. Following the notation of §2.2.2, we let p enumerate all P foreground voxels, and j the N images. The model predicts a signal  $S_{pj}$  for each observation, and the ground-truth signal is  $\hat{y}_{pj}$ . The root-mean-squared prediction error is RMSPE =  $\sqrt{\frac{1}{PN}} \sum_{p} \sum_{j} (S_{pj} - \hat{y}_{pj})^2$ . Figures 2.3(c) and (d) show that the RMSPE for DT and CSD is consistently below the noise level, but nevertheless scales linearly with the noise. CSD appears somewhat more sensitive to noise, which is consistent with its ability to fit to higher-frequency components of a signal profile.

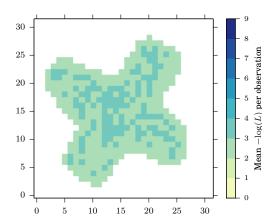


Figure 2.5 –  $-\log(L)$  image for the oracle of the 90° crossing subject: X–Y slice at voxel index z=17. Note the lower values throughout, compared to the images for DT and CSD in Figure 2.3.

#### 2.4.2 DT vs. Blockhead Oracle

Blockhead oracle instances exist for the five phantom subjects that are themselves instances of the Blockhead model. In these cases, the oracle makes perfect predictions of the noise-free ground-truth signals. Figure 2.4 shows that this gives a more informative (as measured by AIC difference) and more accurate fit than DT does. In particular, as shown in Figure 2.5, the  $-\log(L)$  is lower for the oracle than for CSD, even in crossing regions, while requiring far fewer degrees of freedom than either DT or CSD. The RMSPE for the oracle instances is of course exactly zero. While the oracle instances are only known because we control the ground truth, they do provide an upper bound on the quality of fit theoretically achievable by any fitting process for these subjects. In particular, each oracle instance is an element of the parameter space explored by the gradient-descent fitting process, and also of the space explored by the fitting process described in Chapter 3.

#### 2.4.3 DT vs. Gradient-Descent Blockhead Fit

Results for the gradient-descent fit of the singleton subject are show in Table 2.4. In this case, the fitting process computed a Blockhead instance that almost perfectly matched the ground-truth instance. The RMSPE is at worst  $^{1}/_{7}$  that of the DT fit and is robust against noise, whereas the DT fit's RMSPE doubles when the noise level doubles. The difference in AIC vs. the oracle instance is two orders of magnitude smaller than for DT. In addition, the difference in per-observation mean  $-\log(L)$  vs. the oracle instance is also significantly smaller, with the exception of one case where DT achieves a better accuracy than the oracle through overfitting, as discussed in the caption of Figure 2.4.

For subjects with crossing regions, however, the gradient-descent process always settled in a poor local minimum, and produced model instances that clearly do not match the geometry of the input. This is apparent by visual inspection; for example, the result for the 90° crossing subject is show in Figure 2.6(a). Figure 2.7 shows that the AIC difference between the Blockhead fit and the DT fit is as much as 150 times as large as the difference between DT and the oracle, and about 40 times as large as the difference between CSD and DT. This difference is dominated by the very high  $-\log(L)$ 

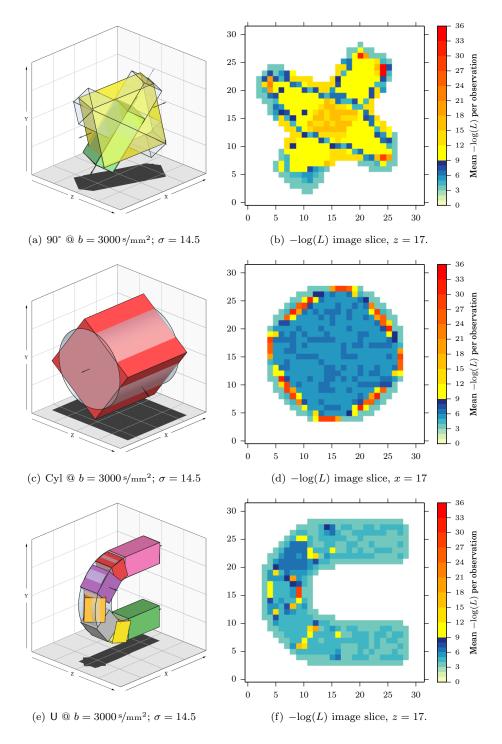


Figure 2.6 – Final Blockhead gradient-descent instances for fits to the 90°-crossing, cylinder, and horseshoe subjects. In the left column, the ground-truth instance is shown in translucent bluishwhite. In the right column, note that the bluish portion of the  $-\log(L)$  color scale covers the same range as in Figures 2.3 and 2.5; higher values are shown in warm colors. (a) The fit blocks are translucent yellow and opaque green. (c) Note the misalignment of the fiber orientation of the fit red block. (e) Only the purple block has a misaligned fiber orientation.

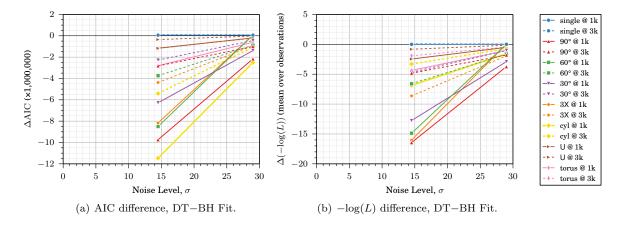


Figure 2.7 – Model-fit comparisons for DT and Blockhead gradient-descent fits. The vertical scales are compressed by a factor of  $\sim 35$  relative to those in Figures 2.3 and 2.4.

for the Blockhead instances. Clearly, gradient descent fails for subjects that contain crossing-fiber regions.

Note that, for each subject, the set of foreground voxels is kept constant throughout the evaluations in this chapter, in order to allow AIC values of different fits to be compared to each other. In all the figures depicting  $-\log(L)$  images, the white background voxels remain the same. The gradient-descent optimizer, however, has the possibility of placing blocks such that they overlap with background voxels, as the outer edges of the large square do in Figure 2.6(a). As explained in §2.2.3, these voxels are included in the AIC computation that serves as the objective function for gradient descent. Since background voxels only contribute to the AIC if a block overlaps them, the gradient-descent algorithm has an incentive to reduce the number of such overlaps. Nevertheless, we can see that the local optimum found by gradient descent in this case "splits the difference" between unaccounted-for foreground voxels and unnecessarily-included background voxels.

The behavior of the gradient-descent optimizer was qualitatively consistent across runs and with

	b (s/mm²)	$\sigma$	$\Delta({\rm AIC})$	$\Delta(-\log(L))$	RMSPE
DT	1000	$\frac{14.5}{29.0}$	53778 57860	$ \begin{array}{r}     -0.00532 \\     0.00221 \end{array} $	0.0173 $0.0364$
	3000	$14.5 \\ 29.0$	$95755 \\ 84644$	$0.07205 \\ 0.05157$	$0.0212 \\ 0.0434$
Gradient- Descent Blockhead	1000	14.5 29.0	1701 411	0.00313 0.00076	0.0023 0.0024
	3000	$14.5 \\ 29.0$	484 179	0.00089 $0.00033$	0.0013 $0.0018$

Table 2.4 – Model-fit comparison on the singleton subject. The differences (in AIC and  $-\log(L)$ ) are between the given fit and the oracle instance.  $-\log(L)$  is the average per observation.

different subjects. As the fitting process descended the objective-function landscape, the orientation of the block was determined more strongly by the outline of the subject than by matching its internal appearance. This is because  $-\log(L)$  decreases significantly when a foreground voxel that is uncovered becomes covered, or when a background voxel that is covered becomes uncovered. This is true regardless of the appearance parameters and fiber orientation of the covering block. In contrast, rotating a block so that its fiber orientation more closely aligns to the true orientation provides only a modest decrease in  $-\log(L)$ .

Consider, for example, a single voxel in which the true fiber orientation is along the x-axis, F = 0.7,  $M = 0.0007 \,\mathrm{mm^2/s}$ , and  $S_0 = 290$ , imaged at  $b = 3000 \,\mathrm{s/mm^2}$  with  $\sigma = 14.5$ . When modeled as empty space, it has  $-\log(L) \approx 2691$ . When modeled by a block with the correct appearance parameters but oriented 90° to the correct fiber orientation, it has  $-\log(L) \approx 677$ . At  $80^\circ$ ,  $-\log(L) \approx 674$ ; at  $10^\circ$ ,  $-\log(L) \approx 314$ ; and when the fibers are aligned,  $-\log(L) \approx 295$ . So we see that covering a currently un-covered foreground voxel, even with fibers perpendicular to the true orientation, decreases  $-\log(L)$  by about 2000, whereas rotating by  $10^\circ$  decreases it by at most about 20. The magnitude of improvement when uncovering a covered background voxel is also about 2000.

For crossing-fiber subjects, these differing magnitudes in the gradient manifested themselves in consistent behavior of the optimizer. It first expanded the candidate blocks gradually, moving and re-aligning each one as it fell outside the nearby boundary of the subject. Once a given block was aligned with the local boundaries, the optimizer rapidly increased its size, growing it to cover more foreground voxels. One block would generally reach this stage several iterations before the others. This rapidly-growing block would then grow into the crossing-fiber region. As it covered more crossing-fiber voxels, the optimizer adapted by driving its FA low, to better match with a single diffusion tensor the multi-modal ADC distribution in these voxels. The optimizer also turned the block to match the mean orientation of the crossing fibers, again adapting the single available diffusion tensor to best represent the observed signals. At this point, the block grew to cover as many foreground voxels as possible. It finally converged to a local optimum, where capturing more foreground voxels (and thereby decreasing  $-\log(L)$ ) in those) also required overlapping more background voxels (and thereby increasing  $-\log(L)$ ), and these two effects were balanced. This general behavior of the optimizer explains the "split-the-difference" results depicted in Figure 2.6.

Figure 2.7 shows that the gradient-descent fit was better for subjects with curving geometry than for those containing crossing fibers. In Figure 2.6, few voxels have especially high  $-\log(L)$  in the resulting Blockhead instances for the cylinder and horseshoe; the torus is similar. Nevertheless, the voxels with high  $-\log(L)$  dominate the evaluation of all the fits computed by gradient descent, and none of them is preferred (with respect to AIC) over the DT model, except for the fit to the singleton subject.

The geometry of the block in Figure 2.6(c) appears to match the cylinder quite well. The fiber orientation of the block, however, is orthogonal to the axis of the cylinder. The reason for this is similar to the behavior described above for crossing-fiber subjects. Early in the fitting process, the largest gradient components corresponded to translation and resizing of the block, and rotation to

align its outline with the outline of the subject. Once the geometry was well-aligned to that of the subject, however, rotating the block by a small angle to better align the fiber orientation would have incurred an enormous increase in  $-\log(L)$  due to the covering effects discussed above. As a consequence, the optimizer was stuck with misaligned fibers. In the end, the optimizer adapted to this incorrect orientation by setting FA to 0, thereby minimizing (as best as possible) the total inaccuracy of the signal predictions. This poor orientation match is evident in the high  $-\log(L)$  in the interior seen in Figure 2.6(d).

In all three examples displayed in Figure 2.6, the optimizer fit the outlines of the subjects quite precisely. The teal block in (a), for example, aligns very closely to the true geometry of the subject, even though it is oblique to the voxel grid. Similar results were achieved for the horseshoe in (e), although its flat faces fall precisely on voxel boundaries.

# 2.5 Conclusions

The experimental results for Blockhead oracles show that, for synthetic subjects with rectangular geometry, Blockhead model instances can have a far higher-quality fit (in terms both of accuracy and parsimony) than is achievable with DT or CSD. Even subjects with curving geometry can be roughly modeled by Blockhead instances, with inaccuracies clustered near the boundary. This suggests that generalizations of the Blockhead model, allowing for more diverse geometry, could possibly overcome some of the shortcomings of the current cuboid-based implementation, while still being amenable to automatic fitting.

When initialized with the correct number of blocks, gradient descent can precisely match the local sub-voxel geometry of the subject. It does, however, get caught in attraction basins for poor local optima, and performs especially poorly when attempting to model subjects containing crossing fibers.

The algorithm presented in Chapter 3 is motivated by the observations that the correct number of blocks is not, in general, known *a priori*, and that gradient descent alone is insufficient to grow candidate blocks through crossing-fiber regions. This algorithm automatically fits Blockhead model instances without knowing the number of blocks in advance. It also avoids or escapes local minima that can trap the naïve gradient-descent optimizer, by starting with many small blocks and progressively joining, splitting, adding, or deleting them while also adjusting their parameters.

# Chapter 3

# Discrete-Continuous Optimization

### 3.1 Introduction

The previous chapter discussed adjusting a Blockhead model instance when the correct number of blocks is known. In general, however, this number must be determined as part of the fitting process. Combinatorial optimization is the apparent discipline to consult when confronting a search task that involves discrete values like the presence or absence of any given block. However, it is challenging to incorporate the continuous geometry and appearance parameters of each block into classical combinatorial-optimization strategies.

This chapter describes a method for applying local search to this mixed discrete—continuous optimization problem. This method is compatible with standard local-search metaheuristics that help the search reach better local optima. The experiments in this chapter demonstrate that a fully-automatic solver can often reconstruct the ground-truth structure when this structure is an instance of the Blockhead model. For datasets with curved geometry, the experiments reveal how the fitting system deals with the limitations of the model.

### 3.2 Methods

#### 3.2.1 Local Search Moves

As in Chapter 2, we use the Akaike information criterion (AIC; Equation 1.10) as our objective function for optimization of Blockhead model instances. Due to the continuity properties of the AIC, and the relatively unstructured nature of our problem otherwise, we selected local search as our optimization strategy.

Local search iteratively explores the model space by evaluating a sequence of candidate model instances (or optimization "states"). For a given state, a "move" is an operation that generates a new state by modifying the old one. In any application of local search, the implementer's primary design decision is the selection of the set of legal moves. For the Blockhead problem, we wish to support the following classes of moves:

- Add a block at a given location.
- Delete a set of blocks.
- Merge a set of blocks into one block.
- Split a single block in two along a plane parallel to one of its sides.
- Adjust the continuous parameters of a single block, as in Chapter 2.

Many classic combinatorial optimization problems may be usefully formulated as the selection of an optimal subset of a finite "universe" of fixed elements. For the traveling salesperson problem, for example, the universe is all edges of a graph; for the knapsack problem, it's a set of items that could go in the knapsack. The universe of the Blockhead fitting problem is therefore all possible blocks: an infinite set. Restricting this to only those blocks that are distinguishable by our rendering algorithm makes the universe finite, but it is still impractically large to compute.

Our solution is to instead generate elements of the universe on the fly, as they are needed for inclusion in candidate instances. The fitting algorithm maintains an ever-growing list of immutable blocks, which we call the "known universe", consisting of all blocks that have ever been members of any explored model instance. When a newly-explored state includes new blocks, these are appended to the end of the list, so that the index of each block remains fixed once it is in the list. A given model instance is then a subset of this known universe: blocks included in it are said to be "active" for that instance, and the rest are "inactive". These active blocks may be specified by a binary mask over the known universe, called the instance's "active list". Implicitly, all blocks not in the known universe are inactive for all model instances so far explored.

Moving from one state to another is therefore equivalent to copying the active list, appending zero or more new blocks to the known universe, and modifying zero or more entries in the new active list ("marking" blocks as active or inactive). The five moves above are implemented as follows:

- Add a block: Append this block to the known universe and mark it active.
- **Delete** a set of blocks: Mark them inactive.
- Merge a set of blocks: Create a new block—the result of the virtual merger. Append this new block to the known universe, mark it active, and mark the old blocks inactive.
- **Split** a block: Create two new blocks—the result of the virtual split. Append them both to the known universe, mark them active, and mark the old block inactive.
- Adjust continuous parameters of a block: Copy the old block and do one "adjustment iteration" on it (see §2.2.4). Append the adjusted block to the known universe. Mark it active, and mark the old block inactive.

The Add and Merge moves merit further explanation. To add a block at a particular location, we fit its appearance parameters to the DWI profile in the voxel at that location, and initialize its

geometry to a voxel-sized cube. We then perform one adjustment iteration on this new block, to allow it to better fit its local environment.

To merge a set of blocks, we compute the volume-weighted mean of their appearance parameters, tissue orientations, and center positions. We then construct a new block with that mean appearance, and with geometry that encompasses all the original blocks. After deactivating the original blocks and activating the merged block, we perform five adjustment iterations on the merged block. This entire operation is considered a single Merge move.

#### 3.2.2 Search Metaheuristics

In local search, the set of all states reachable in one move from a given state is called that state's "neighborhood". Standard greedy local search requires evaluating the objective function for every element of the neighborhood, and then selecting the optimal state from these as the next candidate.

The neighborhood defined by the moves above, however, is enormous: there are an infinite number of possible blocks to add, there are exponentially many block subsets that could be deleted or merged, there are an infinite number of splitting positions along the length of a single block, and each active block may be adjusted along 8191 nonempty subsets of the 13 continuous optimization dimensions. Clearly it is impossible to exhaustively search this infinite neighborhood when selecting the next move.

In addition, choosing moves greedily would cause the system to rapidly converge to a poor local minimum. Instead we adopt a blend of metaheuristics from the local-search literature to achieve convergence on relatively good model instances with moderate search times.

#### Simulated Annealing

Simulated annealing is a well-established local search metaheuristic, derived from the Metropolis–Hastings algorithm, that behaves stochastically based on a simulated "temperature" [54, 63, 39]. At high temperatures, the optimizer explores the model space broadly, and can escape poor local minima.

In each iteration of the algorithm, the optimizer provisionally explores a randomly-selected neighboring state. If the objective function decreases, this state is accepted as the new candidate. If it increases, the move may still be accepted, with a probability depending on the magnitude of the increase, relative to the current temperature. We use a probability  $p = \exp(-\Delta E/T)$ , where  $\Delta E$  is the increase in objective function, and T is the unitless virtual temperature. We use an initial temperature of 20, exponentially cooling with a half-life of 2000 iterations.

To contextualize this choice of temperature, we need to know about the typical scale of  $\Delta E$ . A Split move increases k (the number of degrees of freedom) by 12, leaving the predicted DWIs (and therefore log-likelihood) unchanged. Therefore it increases the AIC by a bit more than 24, and so a Split move is accepted with 30% probability at T=20, 9% at T=10, and 0.8% at T=5.

Algorithm 3.1 describes the procedure for picking random moves.

```
1: Choose whether to do a block-based or a voxel-based move.
2: If block-based:
       Choose an active block. Choose whether to Delete, Split, or Adjust it.
4: If voxel-based:
       Choose a voxel. Let x = \# active blocks overlapping this voxel or any of its 26 neighbors.
5:
6:
       If x = 0: Add a block at this location.
7:
       If x = 1: Choose whether to Delete, Split, or Adjust this block.
8:
          Cluster the overlapping blocks according to their DWI profiles.
9:
          Choose one cluster. Let y = \# blocks in the cluster.
10:
          If y = 1: Choose whether to Delete, Split, or Adjust this block.
11:
12:
              Choose whether or not to operate on the whole cluster.
13:
             If so: Choose whether to Delete the blocks in the cluster, or to Merge them.
14:
15:
                 Identify one block that is nearest to the geometrical center of the cluster.
16:
                 Choose whether to Delete this block, or to Delete all others in the cluster.
17:
```

Algorithm 3.1 – Selecting a random local-search move. In this pseudocode, the command **Choose** means to select at random, with uniform probability, from the options listed. If **Split** is selected, a block axis and position on that axis are chosen at random to determine the splitting plane.

#### **Probation**

Exponentially-decaying acceptance probabilities are standard for simulated annealing, and they entirely rule out moves that incur a very large increase in the objective function. However, we find that certain moves, particularly deletions and merges, tend to drive the system in productive directions even though they increase the objective in the short term by  $10^4$ – $10^6$ . We therefore also apply a non-standard meta-heuristic that we call "probation". If a move increases the objective function but is not accepted according to the probability above, the optimizer may enter a probation period of 100 iterations. If, by the end of this period, the objective function has not improved over its prior value, the optimizer restores the candidate state from before the probation. The system stores a rolling estimate of the distribution of objective-function decreases obtained in the previous 500 iterations, and only enters probation if this estimate indicates a probability greater than 1% of recovering from the increased objective function within 100 iterations.

This feature works well for our application, but it was developed as an ad-hoc expedient and is not found in the local-search literature. Similar behavior could be replicated in the future by a combination of standard approaches: a heavier-tailed acceptance-probability function, accompanied by random restarts to the best state found so far.

#### Tabu Search

Tabu search is another well-established local search metaheuristic, in which "tabu lists" of prohibited moves or states are maintained as the search progresses [33]. Tabu search was originally developed as a standalone deterministic metaheuristic with goals similar to simulated annealing: to guide

local search to explore a more diverse range of states by sometimes accepting moves that increase the objective function in the short term. However, tabu search may also be applied in concert with simulated annealing, despite the latter's stochastic nature. We maintain tabu lists of recently rejected moves, thereby preventing the simulated-annealing optimizer from repeatedly attempting the same move after it fails once. The prohibition on rejected moves expires after 50 iterations.

This feature becomes important as the number of blocks decreases late in the optimization.

#### 3.2.3 Initialization

In order to begin the search somewhat near a local optimum, we automatically generate the initial model instance from pre-existing diffusion-based tissue-modeling techniques. We use Tournier, et al.'s MRtrix software to perform multi-direction tractography [92, 93], and then sparsify the resulting set of curves by culling redundant elements, using the method of Zhang, et al. [103]. The culling method computes the dissimilarity between two curves as the mean of all pointwise minimum distances that are above a specific threshold. We use a threshold of 0.2 mm and cull the curves so that the dissimilarity of each pair of curves is above 0.75 mm.

Given this decimated curve set, we construct a sort of "macaroni necklace" of small blocks along each curve. We split each curve into segments 3 voxel-widths long, and align a single block (2 voxel-widths wide in the orthogonal directions) along it. Each block has default appearance parameters  $S_0 = 300$ ,  $M = 0.001 \,\mathrm{mm^2/s}$ , and F = 0.5, which are similar to the values found for white matter imaged in clinical studies, but not identical to the values used in our computational phantoms.

#### 3.2.4 Termination

The optimizer has two termination conditions: a convergence criterion, and an absolute limit on the total number of iterations. If the system runs for 1500 iterations without improving the objective function by more than 0.1, we consider this a signal of convergence and terminate. We also terminate the system after 50,000 iterations total (approximately 13 hours, at one second per iteration on average). In either case, at termination we return the model instance with the lowest objective value found so far.

# 3.3 Evaluation

We evaluated the discrete–continuous fitting method on images of the eight subjects specified in the previous chapter (§2.3), at two noise levels ( $\sigma \in \{14.5, 29\}$ ) and two non-zero b-values ( $b \in \{1000\,\text{s/mm}^2, 3000\,\text{s/mm}^2\}$ ), again with 10 unweighted images and 64 diffusion-weighted images. Each component of the test subjects had appearance values  $S_0 = 290$ ,  $M = 0.0007\,\text{mm}^2/\text{s}$ , and F = 0.7. See Figure 2.1 for images of the test subjects.

	b (s/mm²)	$\sigma$	Single	90°	60°	30°	3 X	Cyl	U	Torus
	1000	14.5	128	115	186	99	121	306	57	33
# curves	1000	29.0	126	126	198	106	136	311	60	36
$\pi$ curves	3000	14.5	125	125	130	105	121	317	62	38
	3000	29.0	129	133	185	112	135	318	65	51
	1000	14.5	756	870	1396	725	757	2130	735	2507
# blocks, initial	1000	29.0	742	897	1459	774	817	2161	752	2515
T BIOCKS, IIII III	3000	14.5	752	929	935	763	777	2193	761	2624
	3000	29.0	769	941	1345	802	853	2170	803	2548
	1000	14.5	1	7	4	3	4	41	30	54
# blocks, final	1000	29.0	1	2	2	2	3	29	13	42
# blocks, imai	3000	14.5	1	2	2	2	3	20	22	46
	3000	29.0	1	3	2	2	4	20	3	19
# iters (×1000)	1000	14.5	5	22	20	10	10	50	50	50
	1000	29.0	4	25	19	25	20	50	50	50
	3000	14.5	6	9	7	19	21	50	50	50
	3000	29.0	6	19	14	18	27	50	10	50

Table 3.1 – Summary of the discrete–continuous optimization experiments. "# curves" is the number of curves in the culled set used to initialize the optimization; "# blocks, initial" is the resulting number of initial blocks; "# blocks, final" is the number of blocks in the final candidate instance; and "# iters" is the number of iterations, in thousands. The experiments marked in green and purple improved (in AIC) over the corresponding DT fits.

#### 3.4 Results and Discussion

There were a total of 32 experiments, and in 16 of these, the final model instances produced by the discrete–continuous optimizer (henceforth just the "optimizer") had lower AIC values than the corresponding diffusion-tensor fits from Chapter 2 (the "DT" fits). These are highlighted in green and purple in Table 3.1. Figure 3.1 shows the AIC difference between DT and the optimizer fits, as well as the AIC difference between DT and the ground-truth oracle.

There were 20 experiments in which the subject was an instance of the Blockhead model. In 19 of these, the optimizer fit the outlines of the ground truth almost perfectly—the one exception was the 7-block fit of the 90° phantom (see Figure 3.2(c)). 14 of these had the correct number of blocks; and in 8 of these 14, the optimizer reconstructed the entire ground-truth instance almost exactly, matching its fiber orientation and microstructure parameters. These eight instances are highlighted in green in the table.

The remaining 8 experiments in which the optimizer improved on the DT fit are highlighted in purple. For two of these, the number of blocks is correct, and their geometry closely matches that of the ground-truth instance, but the fiber orientation and microstructure parameters are incorrect. In three others, the fiber orientation, microstructure, and geometry are correct, but the number of blocks is incorrect. In the cylinder and horseshoe experiments that are marked in purple, it is

impossible for Blockhead to exactly reproduce the ground truth, but the fit was close enough that it improved on DT.

The rest of this section examines the imperfect fits produced by the optimizer: those with too many blocks, those with incorrect orientations, and those fit to subjects with curving geometry.

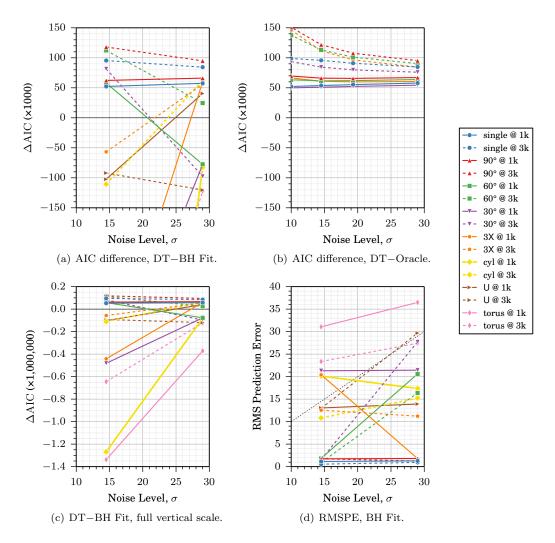


Figure 3.1 – Model-fit comparisons for DT and Blockhead discrete–continuous fits. (c),(a) Two views of the AIC difference between DT and Blockhead fits, with different scaling on the vertical axis. Differences above 0 indicate inputs for which the Blockhead fit is superior to DT. (b) For comparison, the AIC difference between DT and the ground-truth oracle instances (the same data as Figure 2.4(a)). Note that, in several cases, the fitted Blockhead instances improve on DT nearly as much as the oracle instances do. (d) For some subjects, the RMS prediction error of the Blockhead fits is robust to noise. The fit failed on some other subjects, giving high prediction error.

# 3.4.1 Wrong Numbers of Blocks

Figure 3.2 shows three fits for which the  $-\log(L)$  is low, and the fiber orientation in the fit model instances corresponds to the ground truth, but the number of blocks is incorrect. We observe that, as long as the outlines of the fit model instance match those of the ground truth, fairly significant geometry errors can occur with negligible impact on AIC or  $-\log(L)$ .

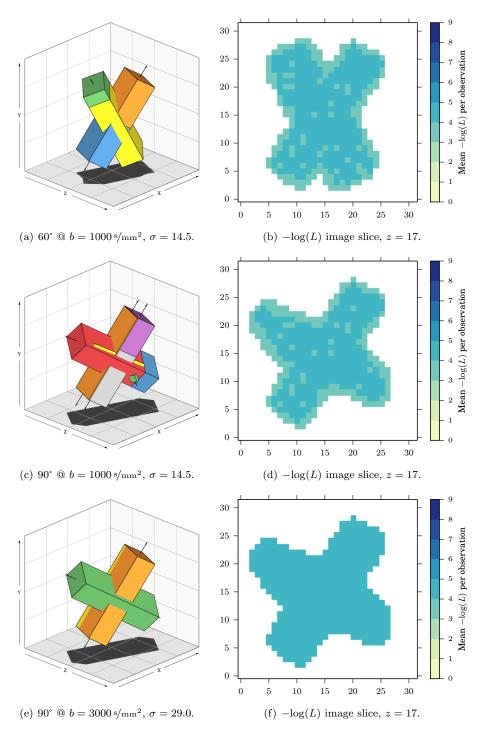
Figure 3.2(a) (the 60° phantom, fit at  $b = 1000 \, \text{s/mm}^2$  and  $\sigma = 14.5$ ) shows two examples of the most common and benign geometry error: a structure that should be represented by one block, which is instead split along the fiber axis into two blocks. Note that there are four blocks in this figure: both of the true single-block structures are represented by two blocks. The faces of the split blocks are precisely aligned, and the other faces of these blocks are aligned to the true outline of the imaged subject. The appearance parameters in each block vary slightly, as they are overfitted to the signals in the regions that they cover. The solver could have merged each of these two pairs, incurring a temporary increase in AIC due to mismatching appearance. In this case, however, the system had settled too strongly into the local minimum of these splits and did not accept any merge moves. In 19 of the 20 experiments with Blockhead-based ground truth, the outlines of the ground-truth instance were reconstructed exactly, just as they are here, though other mistakes decreased the quality of the fit for some.

The one exception to the precise reconstruction of subject outlines is shown in Figure 3.2(c): the 90° phantom, fit at  $b = 1000 \,^{\text{s}}/\text{mm}^2$  and  $\sigma = 14.5$ . Here, seven blocks were used to reconstruct a subject that in truth contained only two. The green and yellow blocks have very low  $S_0$  values, so they barely contribute to the signal for this model instance; they are also the ones that fall outside the outlines of the ground-truth instance. The orange, purple, and grey blocks have nearly identical appearance parameters, and are aligned parallel to each other; they provide an example of a slightly less common geometry error: splitting one block parallel to the fiber axis. This geometrical characteristic appeared in a number of fits to the subjects with curving geometry. Since the Merge move works only on two blocks at a time, merging either the purple or grey block with the orange one would have incurred a temporary increase in AIC, as the merged block would overlap with the remaining small slab, driving up the signal value in that region.

Figure 3.2(e) (90° phantom, at  $b = 3000 \,\mathrm{s/mm^2}$ ,  $\sigma = 29.0$ ) shows the least common geometry error. Two blocks, a yellow one and an orange one, overlap almost exactly with each other. Their microstructure parameters are very different, but the sum of their signal contributions matches the ground truth. The current implementation of merging simply averages the microstructure parameters of the two input blocks, so a merger of the yellow and orange blocks in this case would have higher  $-\log(L)$ .

# 3.4.2 Incorrect Fiber Orientation

Figure 3.3 shows three fits in which the geometry of the subject was recovered well, but the fiber orientations of some blocks are incorrect. In Figure 3.3(a) (60° phantom, at  $b = 1000 \,\text{s/mm}^2$  and



**Figure 3.2** – Blockhead discrete–continuous fits with the wrong number of blocks. All three of these fits had lower AIC values than the corresponding DT fits. Note the light-blue  $-\log(L)$  images; the DWIs of these instances almost exactly match the ground truth, and therefore have nearly optimal  $-\log(L)$  values.

 $\sigma=29.0$ ), the orientation of the green block is incorrect; note the small black arrow pointing out of the front of this block. To compensate for the incorrect fiber orientation, the optimizer set  $F\approx 0$ , but the  $-\log(L)$  image (Figure 3.3(b)) shows that the misalignment nevertheless negatively impacted the quality of the fit.

In Figure 3.3(c) (30° phantom, at  $b = 1000 \,\mathrm{s/mm^2}$  and  $\sigma = 14.5$ ), one structure is split into two blocks: the orange and green ones. However, the fiber orientation is correct in both blocks, and the  $-\log(L)$  image show that they estimate the observed signals correctly. The yellow block is not split, but its fiber orientation is incorrect, and it has  $F \approx 0$ . We observe that this block has a strongly negative impact on the quality of fit, as shown in the  $-\log(L)$  image.

In Figure 3.3(e), the 3X phantom (at  $b = 1000 \,\mathrm{s/mm^2}$  and  $\sigma = 14.5$ ) was reconstructed with four blocks.  $F \approx 0$  for the three blocks with misaligned fiber orientations; the green block's orientation is parallel to that of the yellow block. The signal value in the overlapping region is too high; to compensate, the solver drove  $S_0$  in the green block lower than the correct value, hence the large  $-\log(L)$  throughout its volume.

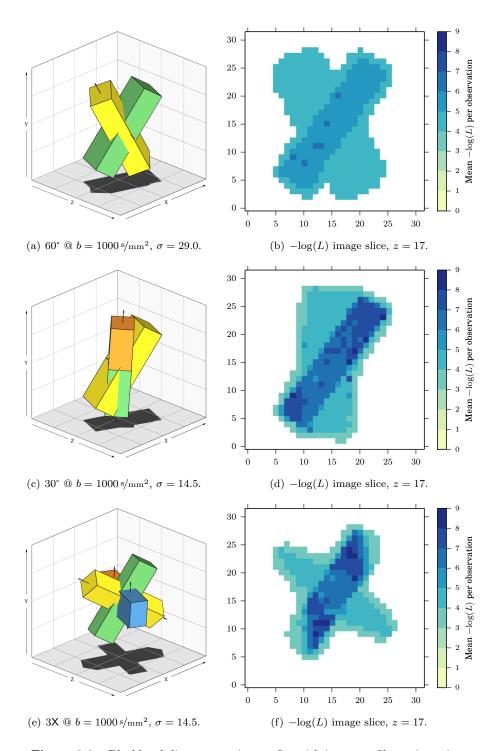
Misaligned blocks were the cause of all of the poor fits in the 20 experiments whose subjects were Blockhead instances. As described in §2.4.3, once the number of blocks is approximately correct, the most significant improvements in AIC available to the optimizer depend on aligning to the geometry of the subject, regardless of appearance characteristics. This tends to drive the optimizer into a deep local minimum, where reorienting the fiber direction would require large, though temporary, increases to the objective function.

# 3.4.3 Curved Geometry

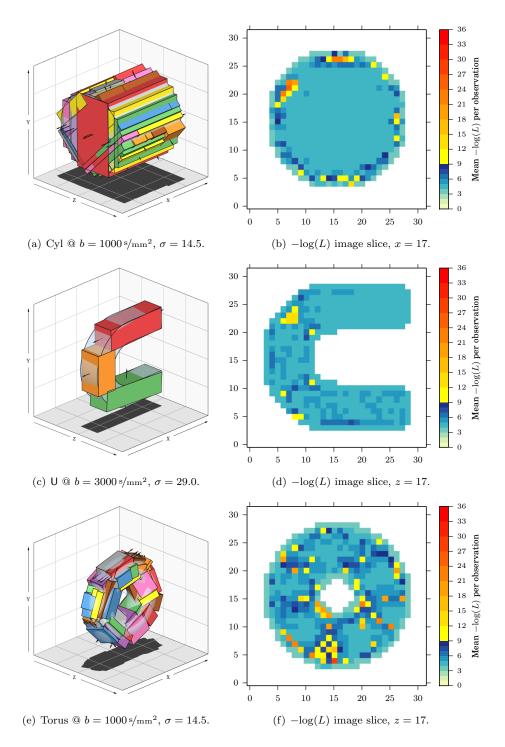
Figures 3.4 and 3.5 respectively show unsuccessful and successful fits to curved-geometry phantoms produced by the discrete–continuous Blockhead optimizer. The unsuccessful fits exhibit the mistakes discussed previously: both the cylinder and torus fits (at  $b = 1000 \, \text{s/mm}^2$ ,  $\sigma = 14.5$ ) use many more blocks than necessary, and also have blocks with incorrect fiber alignments. (On the torus, Figure 3.4(e), notice the arrows protruding from the bottom=left side of the torus; these correspond to the yellow region at the bottom of the  $-\log(L)$  image.)

The worst-performing fit to the horseshoe phantom, shown in Figure 3.5(c) ( $b = 1000 \,\mathrm{s/mm^2}$ ,  $\sigma = 29.0$ ), used only three blocks, and two of these are misaligned to the fiber orientation of the subject. As in all other cases, the optimizer compensated by setting  $F \approx 0$  for these two blocks. However, the gaps at the corners contribute the most to the total  $-\log(L)$  of the fit.

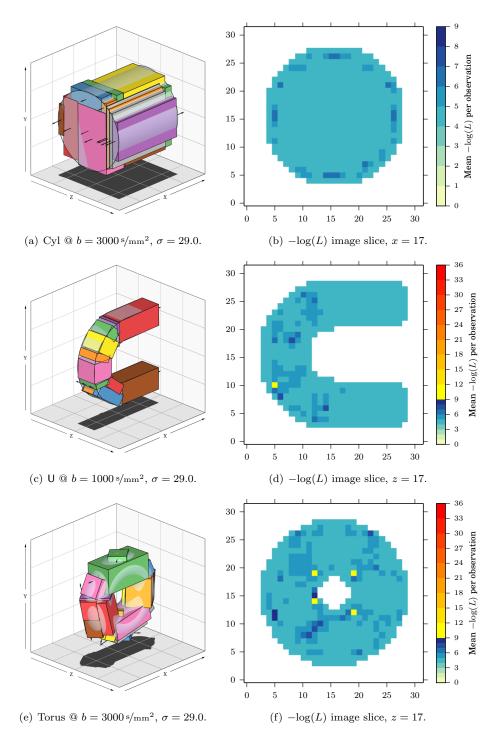
The best-performing fit to the cylinder phantom ( $b = 3000 \,\mathrm{s/mm^2}$ ,  $\sigma = 29.0$ , Figure 3.5(a)) divided the geometry into a large number of parallel slabs with flush faces, and fit large blocks to interior regions of the circular cross-section. The solver assigned all the blocks' fiber orientations correctly, and dealt with the curved cross-section by staggering the edges of thin slabs. This is an advantageous adaptation of the split-block geometry discussed as an error previously, and the  $-\log(L)$  image is nearly uniform, with errors only near the edge. This fit had a lower AIC value than the DT fit for the same input.



 ${\bf Figure~3.3}-{\bf Blockhead~discrete-continuous~fits~with~incorrect~fiber~orientation.}$ 



 $\textbf{Figure 3.4} - \textbf{Unsuccessful fits on curved-geometry phantoms. In the left column, the ground-truth instance is shown in translucent bluish-white. \\$ 



**Figure 3.5** – (Moderately) successful fits on curved-geometry phantoms, with the ground-truth instance shown in translucent bluish-white. These three examples had the highest AIC difference against the DT fit for their subject. The fits generated by the discrete–continuous Blockhead optimizer improved on the DT fit for the cylinder and horseshoe subjects.

The best-fit horseshoe example ( $b = 1000 \,\mathrm{s/mm^2}$ ,  $\sigma = 29.0$ , Figure 3.5(c)) also improved on DT's AIC value. Here the fiber orientations are again correct throughout. The optimizer adapted in two ways to the curving main axis. On the top part of the curve, it segmented the subject's geometry orthogonal to its axis, and represented each segment with one block. On the bottom part of the curve, it found a larger, keystone-shaped segment, but represented it with two blocks (the red and blue ones) arranged in parallel circumferential layers.

The best-fit torus example ( $b = 3000 \,\mathrm{s/mm^2}$ ,  $\sigma = 29.0$ , Figure 3.5(e)) did not improve over DT, and though the  $-\log(L)$  image appears nearly uniform, there are scattered high-error voxels throughout the volume. In this case the solver again used fewer blocks than are probably necessary to avoid leaving large gaps or going outside the boundary of the ground-truth subject.

# 3.5 Conclusions

The mixed discrete—continuous local-search optimizer described in this chapter successfully recovered the ground-truth model instances in 8 experiments. In many other experiments, it made a single consistent error of misaligning the fiber orientation in a block, due to the stronger influence that geometry exerts over the fitting process. This observation suggests a future development: an additional discrete "Fiber Swap" move, which would exchange the order of the axes of a block, making the fibers point in a different direction. This move would allow the optimizer to easily correct fiber-orientation mistakes, even late in the optimization process.

The optimizer also fit curving geometry relatively well, finding solutions in 2 out of 12 experiments that had quality (in the sense of AIC value) superior to that of the corresponding diffusion-tensor fits. It adapted to the restrictive, hard-angled geometry of the Blockhead model in three ways: staggering parallel blocks to give a "stairstepped" outline, arranging sequences of short blocks at small angles to each other along curving-fiber regions, and splitting curving-fiber regions parallel to the fiber axis, placing shorter blocks on the inside of the curve and longer blocks on the outside. Minor modifications to the geometry model could enable the solver to fit these instances even better. Some possibilities include allowing the primary ends of each block (the faces orthogonal to the primary axis) to tilt, allowing the cross-section to be a superellipse, allowing the cross-sectional area to vary along the length of the block, and composing block shapes with constructive solid geometry.

The partial success of the optimizer, despite the restrictive geometry of the model and the incomplete tuning of the search metaheuristics, demonstrates that the AIC is an appropriate objective function for this problem. Furthermore, this chapter describes a novel adaptation of the continuous aspects of the Blockhead modeling problem: the concepts of an "adjustment iteration" and an expanding "known universe" of solution components. This approach allows standard tools of combinatorial optimization, such as simulated annealing, to be applied to a modeling problem that has both discrete and continuous characteristics.

# Chapter 4

# Physical-Phantom Experiments

# 4.1 Introduction

The previous two chapters described experiments aimed at fitting a Blockhead model instance to synthetic images of computational phantoms with highly regular geometry. In this chapter we briefly examine the behavior of the system when attempting to fit to real diffusion-weighted MR images of a physical phantom. This demonstrates the modeling system's behavior when confronted with a low-resolution, low-SNR image of a structure with varied morphology, for which we nevertheless know the ground-truth structure.

## 4.2 Methods and Evaluation

The "Fiber Cup" phantom was developed as a tractography benchmark by Fillard et al. in 2009 [31]. This physical phantom consists of a 14 cm-diameter disk-shaped polyurethane housing, holding thousands of impermeable acrylic fibers, each  $20 \,\mu\mathrm{m}$  thick. The structure has five fiber bundles that exhibit bending, crossing, kissing, and fanning geometries, arranged in a configuration that roughly mimics a mid-coronal section through the human brain.

Fillard et al. scanned the phantom and made diffusion-weighted images publicly available in several datasets, differing by non-zero b-value and voxel size. Each dataset consists of 130 images in total: two repetitions of an acquisition with one unweighted image and 64 images diffusion-weighted in distinct gradient directions. We used two datasets, with  $b \in \{1500 \, \text{s/mm}^2, 2000 \, \text{s/mm}^2\}$ , 3 mm isotropic voxels, and  $64 \times 64 \times 3$  voxels in the imaging volume. For simplicity, in this chapter we refer to these as the "low-b" and "high-b" datasets, respectively. The estimated noise level in the images was 8.4. Table 4.1 shows various measures of the two datasets, and Figure 4.1 shows example DWIs.

We used the discrete—continuous optimization technique described in Chapter 3 to fit Blockhead model instances to the two datasets, with the Akaike information criterion as the objective function. To initialize the search, we first computed multi-direction, CSD-based tractography curves with MRtrix [92, 93], sparsified them by the method of Zhang, et al. [103], broke the curves into 9 mm segments, and finally constructed one block for each segment. Figure 4.2 shows the initial model instance for the low-b dataset.

	TE (ms)	$S_0$	S	$\overline{\mathrm{MD}\ (\mathrm{mm}^2/\mathrm{s})}$	FA
Low $b$	94	451	33	0.00179	0.120
${\rm High}\ b$	110	393	19	0.00155	0.085

Table 4.1 – Basic measures of the Fiber Cup phantom images used in this chapter. Echo times (TE) were reported by the team that scanned the phantom [31]. All other values were computed from the voxels that fall entirely within the phantom.  $S_0$  is the median signal value in the unweighted images, S is the median signal value in the weighted images, MD is the mean diffusivity, and FA is the fractional anisotropy. MD and FA were computed from diffusion tensors fit by Diffusion Toolkit [97]. Note that MD is approximately twice as high in these datasets as in typical white matter, and FA is somewhat lower than in well-organized single-direction white-matter fibers.

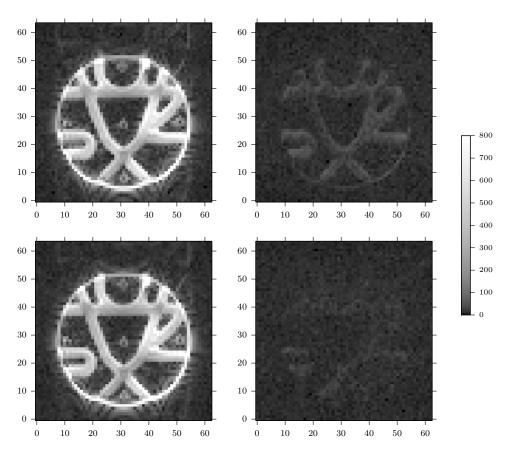


Figure 4.1 – DWIs of the Fiber Cup phantom. The images in the top row are from the dataset with  $b=1500\,\mathrm{^s/mm^2}$ ; on the bottom row,  $b=2000\,\mathrm{^s/mm^2}$ . The images in the left column are unweighted; there is nevertheless a difference in intensity due to the different echo times used. The images in the right column are diffusion-weighted with a gradient pointing out of the page. Since all the fibers in the phantom lie in the X–Y plane, this gradient gives the brightest image of all the weighted images. Note that the weighted image with  $b=2000\,\mathrm{^s/mm^2}$  is barely distinguishable from the background noise.

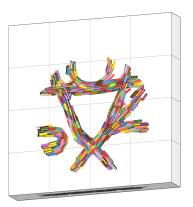


Figure 4.2 – Initial Blockhead model instance for the low-b Fiber Cup dataset. There are a total of 907 blocks.

As a baseline for comparison, we also used Diffusion Toolkit to compute diffusion-tensor model fits for the two datasets. We computed a mask with 2253 voxels containing signals from the phantom fibers, which we used both for comparison between model fits and also as the foreground mask for the discrete–continuous optimization.

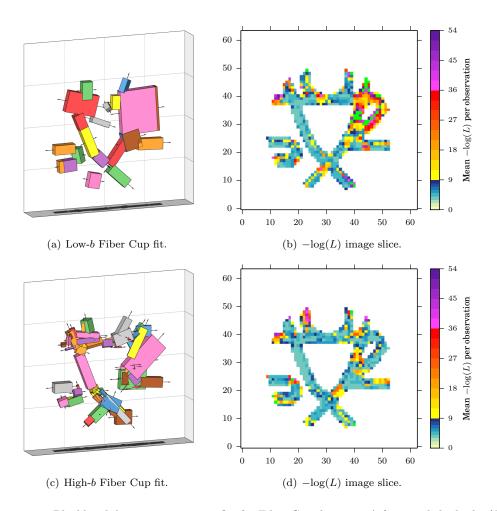
We modified the input data slightly, padding the image volumes on both sides in the Z direction with a layer of pure Rician noise 9 mm (3 voxels) thick. Without this modification, candidate Blockhead instances with components that erroneously extended out of the plane of the subject would have incurred no penalty in the objective function. All of these added voxels were masked out, so they did not factor into the AIC measurements of the DT model.

# 4.3 Results and Discussion

The optimization process had limited success modeling the curving and intersecting geometry of the Fiber Cup phantom. For both datasets, the diffusion-tensor model had a far superior fit, in terms of Akaike information criterion: the AIC was higher for the Blockhead fits by  $6.5 \times 10^6$  in the low-b dataset, and by  $3.1 \times 10^6$  in the high-b dataset. This is a discrepancy 2–4 times as large as that between DT and the most poorly-scoring automatic Blockhead fits in Chapter 3 (those for the Cylinder and Torus datasets; c.f. Figure 3.1).

Figure 4.3 shows the final Blockhead instances produced for the two datasets. Two modest successes of the fitting method may be observed:

- There are no blocks that go significantly out of the plane of the phantom. As observed previously, the 3-D "silhouette" of the subject forms the strongest signal for the solver, leading it to construct blocks that match flat faces of the subject when they are present.
- The final Blockhead instance generally succeeded in modeling isolated straight segments of tracts, including the near-vertical one on the left side of the phantom, the lowest of the three branches on the right side, and also (in the low-b dataset) several others around the 90° crossing at the bottom. The fit instance uses only one or two blocks to model each of these structures,



**Figure 4.3** – Blockhead discrete–continuous fits for Fiber Cup datasets. A few voxels had  $-\log(L)$  values beyond the high range of the colormap; these are shown in bright green.

aligned closely with the local silhouette, and with appearance parameters that match the data well. The large number of voxels covering these structures, along with their simple geometry, made them successful targets for the Blockhead solver.

On the other hand, the solver failed to model most other portions of the subject well.

- The C-shaped tract on the left side presented a challenge, and the results (a small number of nearly perpendicular blocks) echo those seen for the synthetic horseshoe phantom in Figure 3.4(c).
- The 90° crossing near the bottom of the phantom was also not modeled well. This highlights a discrepancy between how the Blockhead model represents crossing-fiber regions, versus their construction in the Fiber Cup phantom. The rendering process for Blockhead instances adds the signals from any overlapping blocks, causing intersections to generally be brighter than single-population regions. However, the Fiber Cup phantom was carefully constructed to

ensure that the cross-sectional density of the acrylic fibers remained constant (at about 1900 fibers per mm<sup>2</sup>) throughout, including crossing regions. This required removing half or a third of the fibers from each crossing region. While axons in real white-matter tissue terminate only at the ends of tracts, this was the only practical way to handle crossing-fiber regions with incompressible acrylic fibers. In Figure 4.1, it can be observed that the unweighted signal in the 90° crossing region is slightly *lower* than in the surrounding regions, contrary to the rendered result for two crossing Blockhead blocks.

- For both datasets, the solver used one large block to cover both of the upper branches on the right side. In the low-b dataset, this one block extended even further upward, covering the top of the steepest tract as well as the rightmost portion of the horizontal tract, and the intersection of these two. The  $-\log(L)$  images show that this was not a successful fit, particularly in the low-b case.
- In other regions, the solver attempted either to model large portions of subtly varying geometry with a small number of blocks, or failed to combine small "shard" blocks into larger ones. This is again consistent with the failure modes observed in Chapter 3 for curving geometry.

## 4.4 Conclusions

The results for the Fiber Cup phantom highlight many of the same shortcomings of the Blockhead model remarked upon in §3.5. Only structures with a rectilinear shape can be modeled well by a Blockhead model instance; in all other cases, the solver adapts in a small number of ways to attempt to represent more complicated structures. However, with high noise and large voxels relative to the size of the structures of interest, the optimization method tends to obscure fine detail. This failure case is an additional challenge on the way to modeling real brain structures with a Blockhead-like model: many important white-matter tracts in the human brain are just millimeters wide.

# Chapter 5

# Conclusions and Open Problems

# 5.1 Optimization

Modeling coherent, multi-voxel structures with the Blockhead model is an example of an optimization problem that has both discrete and continuous properties, and in which the number of model degrees of freedom must also be optimized. The experiments in Chapters 2 and 3 demonstrate that the Akaike information criterion (AIC) is an appropriate objective function for such a task. Minimizing AIC leads to model instances that not only balance accuracy and parsimony, but also have low error versus the unknown ground truth. The AIC is also a compelling objective function because it requires no subjective choices with regard to weighting parameters, energy functions, or regularization terms, and because it is an appropriate statistical tool for comparing the quality of fit for instances of diverse models, including those that are not candidates in the optimization process.

The Blockhead optimization method demonstrates one approach to unifying the tools of discrete and continuous optimization in a way that is amenable to standard combinatorial search metaheuristics. The notable characteristics of this approach include:

- We formalize the search problem as the selection of a subset of an infinite universe of immutable discrete components. Any given subset corresponds to a unique model instance.
- Rather than attempt to represent the entire universe of the search space, as the search proceeds, we represent only the "known universe": the union of all candidate subsets so far.
- The search neighborhood around a candidate instance includes not only discrete moves, but single steps of various adjustments to continuous parameters as well.
- Continuous moves do not modify existing elements of the known universe. Instead, the outcome of a continuous move is that a new element is appended to the known universe.

# 5.2 Tissue Modeling

Neuroscientists and other researchers interested in brain white-matter structure typically think of this tissue in terms of its anatomical components, the fascicles. When relying on diffusion MRI to investigate the white matter non-invasively, these researchers therefore commonly have the task of identifying one or more fascicles of interest in their data, in order to then compare them between subjects, longitudinally over time, or between hemispheres of the same subject. Quantitative comparisons are often made between derived properties of the representations of these fascicles, including fiber length, fascicle volume, and indicators of tissue integrity. Various researchers have attempted to develop algorithms for the automatic segmentation of fascicles of interest [65, 58, 37], but in practice, selection is almost always performed manually from tractography data, based on expert anatomical knowledge [67]. This causes a significant labor burden in large studies, and also impacts the stability and repeatability of results.

The Blockhead model presented in this dissertation is a rudimentary implementation of a general proposed strategy for modeling the white matter, with the goal of supporting the automatic segmentation and quantification of structures of interest. The two fundamental characteristics of this strategy are that each model instance is composed of several distinct geometrical components, and that each component contains a smooth function defined over its interior volume that determines its microstructure properties (and thereby its appearance in synthetic DWIs). Ideally, the model instance would support easy selection of structures of interest either by having each component correspond to an individual fascicle in the true anatomy of the subject, or by storing associations between components to indicate that they represent different portions of the same fascicle.

In the current Blockhead model, the geometrical components are rectangular cuboids, with no representation of shared membership in the same fascicle. The microstructure properties represented in each cuboid are the fractional anisotropy and mean diffusivity of a prolate diffusion tensor, along with the unweighted diffusion signal  $S_0$ ; these are constant throughout the cuboid's volume. Despite the restrictive nature of this model, it exhibits some advantages over other models described in Chapter 1, which serve as evidence that a more sophisticated model of this sort could have further advantages.

In particular, the fitted Blockhead instances shown in Chapter 3 have a relatively small number of components, each with a significant area when displayed on a two-dimensional screen. From the perspective of human-computer interaction, this presents an easier selection task than manual selection of tractography curves. Furthermore, the volume of each block is well-defined, in contrast to a set of one-dimensional tractography curves in space. Finally, each set of microstructure parameters is fit against a large number of signal samples, leading to the noise-invariant RMSPE among successful fits reported in Figure 3.1(d).

# 5.3 Open Questions

In addition to its mixture of discrete and continuous properties, another challenging aspect of the Blockhead modeling problem is that the objective function is relatively expensive to compute, since each function evaluation involves rendering synthetic DWIs. There is a diverse literature on optimization with expensive objective functions [22, 50, 102]. Combining these techniques with the



**Figure 5.1** – A whole specimen of the occipitofrontal fasciculus, dissected from a fixed human brain by Lawes, et al. [58]. This photograph has been adapted to remove arrows and labels added in the original published figure.

unified discrete—continuous approach developed in the present work may be a fruitful avenue of research.

Nearly all contemporary studies of brain tissue with diffusion MRI involve a choice of voxelwise model, whether of diffusion (e.g., diffusion tensor, diffusion spectrum, q-ball, etc.) or of tissue (fiber orientation distribution, CHARMED, etc.). This decision in turn implies constraints and tradeoffs in the design of the MRI scanning protocol to be used, including pulse sequence, orientational sampling scheme, and choice of b-values [7, 6, 56]. A Blockhead-style modeling technique that incorporates measurements from multiple voxels, potentially with differing fiber orientations, could impose different requirements on the scanning protocol.

As for the design of the Blockhead model, a prolate diffusion tensor is neither sufficiently accurate nor clinically useful as a model of white-matter microstructure. §1.4 described a number of other models that directly represent physical properties of the microstructure. If it were possible to fit such a model confidently and accurately to diffusion MRI signals throughout the brain, the resulting model instance would have many of the advantages to researchers that histology has, while remaining non-invasive. It is an open question whether a refined Blockhead model could, by leveraging the multi-voxel coverage of each component, provide highly accurate fits of such a microstructure model throughout the brain.

Figure 5.1 shows a photograph of an example white-matter fascicle dissected from a cadaver brain. It is a discrete, macroscopic bundle of millions of locally parallel axons, each of which continues unbroken from one end of the fascicle to the other. It has a well-defined but complicated three-dimensional structure, with smooth lateral faces. Among its challenging geometrical characteristics, we observe:

- The fibers making up the fascicle curve along their lengths.
- The cross-section of the fascicle is not rectangular.
- The shape of the cross-section varies along the length of the fascicle.
- The fibers twist around each other, fan out, squeeze together, and fold along axes oblique to the fiber direction.

- The structure as a whole branches into three fiber bundles near the right end.
- The ends of the fascicle appear, at this length scale, not to be orthogonal to the fibers.

Accounting for all these natural geometrical properties in a Blockhead-style model, while still maintaining a representation whose optimization is computationally tractable, is an open problem. Possible avenues of investigation include generalizing the shape that each component can take on, and possibly also associating neighboring components as being part of the same fascicle.

A more sophisticated representation of macrostructure geometry would also interact numerically with the microstructure model. Consider a surface in space that intersects the fascicle and is locally orthogonal to every axon. Call the intersection of this surface with the volume of the fascicle a "cross-section". (This is one possible generalization to the idea of a cross-section in a fibrous structure with such complicated geometry.) Since each axon continues unbroken from one end of the fascicle to the other, the number of axons passing through any two cross-sections must be equal. If the area of two cross-sections is different, however, this implies that either the diameters or the packing density of the axons within the cross-sections must differ. Incorporating this interaction between parameters into an optimization system for a refined Blockhead model is an additional open problem.

Both the promising results demonstrated for the simplistic Blockhead implementation, and also the variety of incremental changes that could improve the model, suggest the potential for later iterations of this work to contribute meaningfully to research in numerical optimization as well as white-matter tissue modeling.

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